



## AN UPDATE ON YEAR 13



Exam season is now in full flow with the hall-based exams starting last Monday, and creative subject final exams already been completed. We are very much aware that this is an extremely stressful time for both students and those supporting them at home, and if students are struggling with the pressure of exams then I am very much keen to work with them to develop final revision plans and discuss strategies for dealing with stress.

Study leave for Year 13 students started on Monday 20th May, although teachers will remain in their timetabled lessons until the final exam has taken place for

that subject. We would very much encourage students to continue to come to their lessons in order to get feedback and tips that may be invaluable in the exam hall.

A reminder about exam information:

- Students will all have their timetables that they will have checked. They must not lose these and they should ensure they are in school at least 30 minutes before any of their exams.
- The A level exams are formal qualifications and are externally marked and moderated. The dates and times on these CANNOT be moved and students CANNOT miss one of their exams unless there is a very serious medical reason for doing so.
- If your child is very ill and you deem them unable to get to school then medical evidence would need to be provided within five working days of the exam and the exam board would then have to make the decision as to how a grade is ascertained for that student.
- In the cases where there are exam clashes, students will meet with the exams team and a plan will have been put in place – students need to adhere to that plan and ensure they have the correct provisions for that day i.e. lunch will need to be brought in if they are in a clash as they will not be permitted to leave the hall other than for toilet breaks.

With exams now in progress, attention will soon turn to events for leavers that will take place once exams have finished to celebrate students' time in the sixth form. The leavers' assembly this year will take place on Tuesday 25th June at 3.30pm in the main hall (a slight change in date and time from the one previously advertised). This is our chance to celebrate the students' time with us at Greenshaw with a bit of music, some observations and reflections from the two years that have passed and the favourite bit... their Year 7 (or Year 12 if they were non-Greenshaw students) photos! The Head Boy and Girl will also deliver their review on their time in the sixth form, and a group of Year 13 students are currently planning a surprise for their year group to showcase their time at Greenshaw. This event will be attended by tutors and teachers, and is a good opportunity to say thank you. Parents and carers are warmly invited to attend this event and to celebrate the students' completion of school life.

Leaver's assembly is swiftly followed by prom the next day, which will hopefully give enough time for students to dress to impress for the occasion. Prom promises to be a very glamorous affair at Kingswood Golf Club. If you still have any money outstanding on this, please do pay in full using the parent online system [www.scopay.com](http://www.scopay.com).

The final, and most important event, as I'm sure you are very much aware is A level results day is on Thursday 15th August. Results are usually available from around 9am that morning (this time will be confirmed on the school website closer to the date). There are always members of staff on hand to celebrate with students, but also to advise any that may not have done as well as they had hoped or students that have queries related to their university places.

We wish your child the very best of luck in their exams. Small steps such as sleeping and eating well, and keeping away from distractions such as phones and friends(!) during periods of disciplined revision are essential in helping ensure that students get the grades that they hope to obtain for their future plans.

We are very grateful for your support over the last two or seven years, and hope that your child will continue to stay in touch and update us with all of their post-Greenshaw successes in the future.

*Miss Larkin, Head of Sixth Form, and Mrs Ayres, Deputy Head of Sixth Form*





## CELEBRATING STUDENT ACHIEVEMENT AT AWARDS EVENING

On Thursday 9th May, over one hundred students from all year groups gathered in the school hall to celebrate their academic and community achievements at the annual Greenshaw awards evening.

Headteacher, Mr House, welcomed students, families and staff, highlighting the superb qualities for which students were being recognised. Our Head Boy and Head Girl, Salman and Molly, hosted the evening. Heads of Year presented students in Years 7 to 11 with their diplomas and subject awards. Diplomas of Achievement were awarded to students in Years 7, 9, 10 and 13 for their excellent attitude to learning in all subjects during this academic year. Subject awards were awarded to individual students in Year 8, 11 and 13 for their outstanding commitment to learning in individual subjects and these students were nominated by Heads of Department.

Congratulations to the Year 13 students who were presented with a subject award or a diploma: Marcus, Emily, Jacqui, Reon, Danielle, Jasmin, Kelvicia, Isobel, Lackisha, Oliver, Usman, Robert, Larissa, Adnan, Yilmaz, Charlie, Saampavy, Aditya, Ioana, Amy, Helen, William, Ryan, Keely, Emily, Kiran and Rusne.

The programme also included a slideshow presentation and an amazing performance of Adele's *Turning Tables* by Sophia (Year 11).

Head of Year 11, Mr Higgins, presented special awards to George and Vimbainashe in Year 11 for their outstanding work ethic and commitment to the community, both inside and outside of school. The other special awards were presented at the end of the ceremony to Abbey and Alison for some truly inspiring achievements. The community cup was awarded to Abbey (Year 11) by Mr House for her amazing accomplishments, which include her dedication to raising money and giving her time to many charities, both inside and outside of school. Alison (Year 10) received the Headteacher's Award from Mr House, who said, "She combines academic excellence with humility and generosity and is an extraordinary young person of whom the school is extremely proud."

Mr House concluded the event with congratulations to all students and thanks to parents, carers and staff who made such significant contributions to support students.





## MENTAL HEALTH AWARENESS WEEK AT GREENSHAW

At Greenshaw High School, ensuring that all of our students are happy, and feel safe, is our most important objective. A part of this responsibility involves the mental health and wellbeing of our students.

In an assembly on mental health last term, students learnt that there are five actions that they can all take that have been shown to improve wellbeing. These are:

- Get active
- Keep learning
- Give to others
- Be mindful
- Connect (with others)

Each of these will make them feel better in the moment, and will also help them build good mental health for the future.

This week during tutor time, we will be focusing on two things which we believe will have a positive impact on the emotional wellbeing of our students. The first part of the week will be focusing on 'Connect' – learning more about each other and taking responsibility for each other and to each other. In the second half of the week, we will be focusing on mindfulness.

Feeling connected to people supports and enriches us.

Knowing that we are valued by other people is a fundamental human need. It is important for each of us to function well in the world. Social relationships have been proven to play a part in people's wellbeing. They also act as a protection against mental ill health for people of all ages. In tutor time, students are going to take the time to get to know each other. They are going to show each other an object, possession or photograph that means something to them and the rest of the class will listen so that they can learn something new about each other.

Mindfulness is a way of paying attention to the present moment. It helps us become more aware of our thoughts and feelings. Sometimes we can feel anxious about things that have happened in the past, or we can worry about something that might happen in the future. Being mindful can help us manage our thoughts and feelings. It also helps us enjoy more, and notice things that we may not have even realised were going on. Students are going to practise the key parts of being mindful during tutor time and will be encouraged to make mindfulness part of every day.

There is also an area on Frog dedicated to mental health and wellbeing which has many useful resources: <https://frog.greenshaw.co.uk/app/os#!mentalhealth/home>

## CHEMISTRY OLYMPICS!

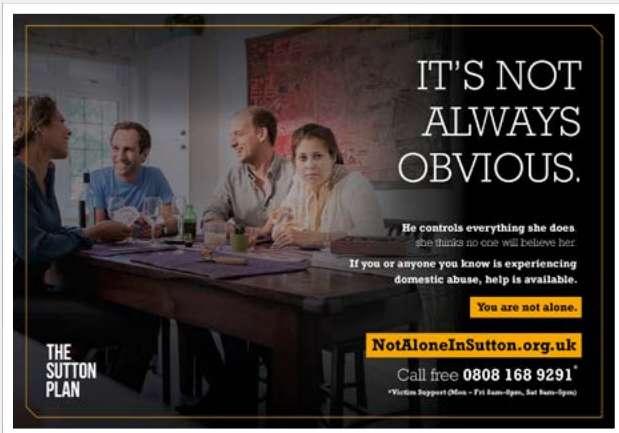


Some of our most eager and brightest Greenshaw A level Chemistry students participated in the 51st Annual UK Chemistry Olympiad competition, which tested them on their chemical knowledge based on real-world chemistry problems.

Severin, Alfred and Luke, in Year 12, participated and relished the level of difficulty in the questions, and have already vowed to try again next year. Of particular note was Reon, in Year 13, who was awarded a Silver Award for his particularly high score. Our congratulations go to all of the boys.

*Mrs Atkins, Science Teacher*





## NOT ALONE IN SUTTON

Sutton Council has launched a domestic abuse campaign. ‘Not Alone in Sutton’ aims to raise awareness of the help available to victims of domestic abuse via a new website: <http://notaloneinsutton.org.uk>.

In Sutton, domestic violence accounted for 38 per cent of all incidents of violence with injury (467 out of 1,242) in 2017. Despite the enormity of these figures, the number of people experiencing domestic abuse is thought to be much higher as it is often a hidden crime that goes unreported.

Council leader Ruth Dombey said: “We are launching this campaign today because tackling domestic abuse in all its forms is a priority, to ensure Sutton is a safer place for everyone. Together with our partner organisations, we aim to significantly reduce levels of domestic abuse in Sutton in the long term.

“I very much hope this campaign encourages a wider discussion on how we all need to tackle domestic abuse, as it’s an issue which is both widespread and devastating.”

Domestic abuse affects all sections of society and all age groups. Before launching its domestic abuse campaign, Sutton Council surveyed 270 Sutton residents, which revealed that more than half would not know where to go if they needed help. A similar number would be reluctant to reach out through fear of making things worse.

Sutton Council’s lead councillor for domestic abuse and former Mayor, Councillor Jean Crossby is a survivor of abuse. She said: “Domestic abuse today is affecting everyone. It can be you, a parent, your best friend, your siblings, your children or your grandchildren.

“It’s all age groups. The youngest victim I have known of is 16. The oldest victim was 85. Can you imagine how long that victim was abused? I urge anyone who is affected by this to get help. We’ve got men, women and young people dying of domestic abuse and we all need to do more.”

Headteacher, Nick House, said: “We want to add our absolute support in Greenshaw to this cross-Sutton campaign. Domestic abuse can change people’s lives forever, and being aware of this issue across our community is so important.”

More information is available at a dedicated website [notaloneinsutton.org.uk](http://notaloneinsutton.org.uk), for women, men, children and young people, older people, people with disabilities, LGBT+ and also perpetrators.

If you are experiencing domestic abuse, or know someone who is, help is available. You can use the contacts below. Local domestic abuse contacts in Sutton and south London are in bold :

- Victim Support (London Victim Assessment and Referral Service): Call 0808 168 9291 free (Mon–Fri 8am–8pm, Sat 9am–5pm).
- **Sutton Domestic Violence One Stop Shop**  
Wednesdays, 9.30am–11.30am, Sutton Baptist Church, 21 Cheam Road, Sutton, SM1 1SN. Drop in or make an appointment through Victim Support on 020 7801 1777.
- Police: Call 999 if you are in immediate danger, 101 at all other times.





## KEY DATES – YEAR 13

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Leavers assembly – Tuesday 25th June 3.30 pm in main hall

Prom – Wednesday 26th June 7pm Kingswood Golf Club

A level results day – Thursday 15th August

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## YEAR 13 CONTACT LIST

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**Director of Learning Post-16:** Miss L Buchanan – lbuchanan@greenshaw.co.uk

**Head of Sixth Form:** Miss S Larkin – slarkin@greenshaw.co.uk

**Deputy Head of Sixth Form:** Mrs D Ayres – dayres@greenshaw.co.uk

**Sixth Form Study Skills Manager:** Miss T Reid – treid@greenshaw.co.uk

**Sixth Form Administrator:** Mrs E Atkins – eatkins@greenshaw.co.uk

**Sixth Form Reception:** Miss K Ballard – kballard@greenshaw.co.uk

**Sixth Form Careers Advisor:** Mrs P Sone – psone@greenshaw.co.uk

### **Sixth Form Tutors – Year 13**

13BB Mr B Broniecki – bbroniecki@greenshaw.co.uk

13DJ Mr D Jones – djones@greenshaw.co.uk

13DHU Mrs D Hughes – dhughes@greenshaw.co.uk

13DO Mr J Dowie – jdowie@greenshaw.co.uk

13KH Dr K Hirst – khirst@greenshaw.co.uk

13MS Mr M Sharpe – msharpe@greenshaw.co.uk

13TFG Mr T Ferguson – tferguson@greenshaw.co.uk

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