## An update on Year 13





Welcome to the final newsletter of the spring term.

As I write this at the beginning of April, I think students are beginning to adjust to the fact that A level exams will indeed start next month.

I have a wealth of exam information to share with you in this newsletter, so I am going to get straight to business:

### **Exam information:**

- Students will all have their timetables that they will have checked. They must not lose these and they should ensure they are in school at least 30 minutes before any of their exams.
- The A level exams are formal qualifications and are externally marked and moderated. The dates and times on these CANNOT be moved and students CANNOT miss one of their exams unless there is a very serious medical reason for doing so.
- If your child is very ill and you deem them unable to get to school, then medical evidence would need to be provided within five working days of the exam and the exam board would then have to make the decision as to how a grade is ascertained for that student.
- In the cases where there are exam clashes, students will meet with the exams team and a plan will have been put in place students need to adhere to that plan and ensure they have the correct provisions for that day, i.e. lunch will need to be brought in if they are in a clash as they will not be permitted to leave the hall other than for toilet breaks

The fast approaching end of year also means that we have a few very important big events planned. The leavers' assembly this year will take place on Wednesday 26th June at 2.30pm in the main hall. This is my chance to celebrate the students' time with us at Greenshaw with a bit of music, some observations and reflections from the two years that have passed and the favourite bit... their Year 7 (or Year 12 if they were non-Greenshaw students) photos! The Head Boy and Head Girl will also deliver their review on their time in the sixth form, and a group of Year 13 students are currently planning a surprise for their year group to showcase students' time at Greenshaw. This event will be attended by tutors and teachers, and is a good opportunity to say thank you.

Leavers' assembly is swiftly followed by prom that evening, which will hopefully give enough time for students to dress to impress for the occasion. Prom promises to be a very glamourous affair at Kingswood Golf Club. If you still have any money outstanding on this, please do pay in full using the parent online system <a href="https://www.scopay.com">www.scopay.com</a>.

The last big event, as I'm sure you are very aware, is A level results day on Thursday 15th August. Toward the end of next term, I will ensure that you have all the details needed for this day so that you are clear on timings etc. Results are usually available from around 9.00am that morning and there are always members of staff on hand to celebrate with students, but also to advise any that may not have done as well as they had hoped and/or have gueries related to their university places.

I want to confirm that students will have study leave from Monday 20th May, meaning that they do not need to attend lessons from this time. However, if they wanted to come and see teachers, then teachers will be available at the allotted times on student timetables. If your child appears to be missing registration or lessons to revise at home before May 20th, then please do be aware that this is not authorised, and that students are really missing out on both the delivery of the final part of the course and the opportunity to review past paper questions with their teachers, which can prove invaluable in the exam hall.

Every member of staff is committed to supporting your sons and daughters through the toughest academic test and pressure that they will most likely face. Tutors have spoken to them all about the simple things that are so important during these crucial final weeks, i.e. sleep well, eat well, drink lots of water, exercise, ensure there is some time to relax and smile. If we do what we can to keep the simple things constant, then they should be 'match fit' for the enduring study that is required over the final few weeks. We are with them every step of the way and wish them all the very best for these exams.

Finally, I would like to congratulate our recent Year 13 Jack Petchey award winners. Amba, Kelvicia, Mia and Emily in 13TFG. For details, please turn to page 3. In the midst of A level pressures, they all excelled and were able to prioritise the needs of vulnerable people. A total of £179 was raised enabling a number of homeless people to get support at Christmas. Thank you for your active commitment to both Year 13 and the local community.

Miss Larkin, Head of Sixth Form, and Mrs Ayres, Deputy Head of Sixth Form

## Promoting mental health and wellbeing at Greenshaw

Good mental health is the most important thing for all of the people in Greenshaw High School, both students and staff. While we do not control all the things that shape mental health beyond school, we will always consider the impact of the decisions we make on the wellbeing of staff and students.

In the curriculum we directly teach our students about their emotional health. We teach the *Healthy Minds Curriculum* through Years 7 to 10 that focuses on developing resilience, understanding social and emotional learning, healthy habits and mental illness.

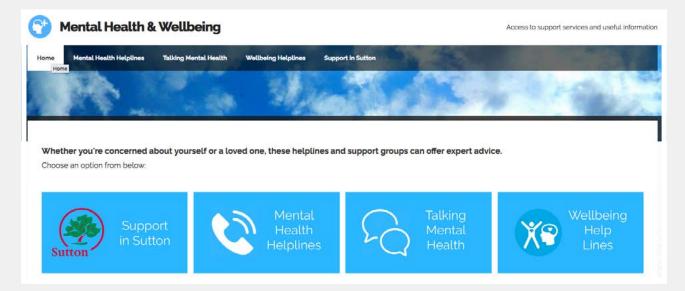
We aim to teach students to understand and love each subject for its own sake. We do not see GCSEs and A levels as requirements to jump through examination hoops, but seek to make education an enjoyable and enriching experience.

In ensuring excellent behaviour, we have a consistent whole school approach with clear routines of behaviour, well communicated social norms and familiar routines to bring a sense of calm. The key emphasis in our approach to behaviour is to allow young people to self-regulate, so they develop the skills of capable adulthood.

In maintaining a significant non-teaching team dedicated to pastoral support we can put in place measures to support young people experiencing difficulties. This team of staff has a range of expertise covering areas including bereavement, anxiety and exam pressures and work closely alongside classroom staff.

If you have any concerns about the mental health of a young person at Greenshaw High School, then please contact his or her Head of Year or Deputy Head of Year. In addition, the page on Frog (*shown below*) has a list of helpful contacts. Some of these are local to Sutton, while others are nationwide, but all offer information and support.

Please click on the image below to visit the web page.





## Greenshaw students celebrate at Jack Petchey Awards

A group of Greenshaw students joined more than 100 young people from across Sutton at the Jack Petchey Foundation Achievement Awards ceremony, held at Epsom Playhouse on Monday evening.

All of last year's award winners were presented with a gold medallion and certificate in front of their families, friends and local VIPs. Several local schools provided some brilliant musical entertainment for the evening. Chief Superintendent David Stringer, the Sutton borough commander, presented the awards.

He said: "We are so proud of our young people in Sutton. This evening was a great reminder why. Inspirational stories of achievement in all areas of school and community life. Congratulations to all of the award winners."

The Jack Petchey Achievement Award Scheme recognises outstanding young people aged 11 to 25. At Greenshaw, students are nominated by their peers for their achievements – which might be academic, sporting or work which they have done in the community. Each award winner received a certificate, pin badge and a book and chose how to spend a £250 grant to benefit the school.

Mr House presented Greenshaw's latest Jack Petchey Award winners with their badges and certificates on Friday 15th March:

#### Keeleigh - Year 11

Keeleigh volunteers at a local cub group every Thursday evening. During this time, she sets games and activities to help the group develop their skills. There are approximately 34 students in the group, three of which have special needs.

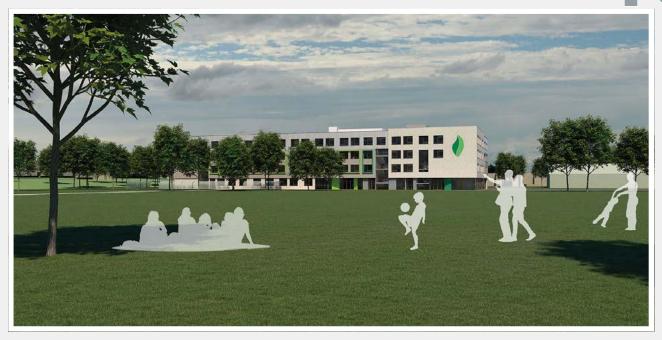
### Erin - Year 12

Erin has been nominated for her involvement in three different charities. This month, Erin has competed in and won the national Stonewall competition for best LGBT+ poster, which has been sent out and used in over 200 schools nationally to raise awareness and support students in the LGBT+ community. Erin also helped publicise and organise the LGBT+ and Donkey Sanctuaries bake and doughnut sales at Greenshaw last term. As part of her work on the Greenshaw student council she has also initiated charity work for the Sutton Night Watch, which is a locally based charity supporting homeless people; which led to the sixth form to collect donations for the charity over the Christmas period.

### Amba, Kelvicia, Mia and Emily - Year 13

These Year 13 students, without help from staff decided to organise a community quiz night for staff, students and families in aid of Crisis. It was well-run, well-written and lots of fun. In the midst of A level pressures they all excelled and were able to prioritise the needs of vulnerable people. A total of £179 was raised, enabling a number of homeless people to get support at Christmas.





## CONSULTATION ON BUILDING PLANS FOR NEW SUTTON SCHOOLS

Following its appointment by the Department of Education (DfE) as design and build contractor, Wates is developing and consulting on plans for the new secondary school and special school proposed for the disused all weather pitch and part of the southern end of the Sports Village at Rosehill Recreation Ground, ahead of submitting a planning application to Sutton Council in May.

Wates is seeking feedback on the initial proposals. You can view the plans and give your feedback <u>here</u>.

The closing date for feedback on these initial plans is Friday 12th April 2019.

Feedback will be used by Wates to develop the plans further, ahead of the formal planning application being submitted to Sutton Council.

If planning permission is granted, the schools should be completed by September 2021; they will then be handed over to the Greenshaw Learning Trust.

You can find more information about the new schools on the Greenshaw Learning Trust website <u>here</u>.



# LGBT+ HISTORY MONTH AT GREENSHAW

Earlier this year, a group of Greenshaw students created posters for Stonewall's national LGBTQ+ inclusivity poster competition. The aim was to create posters that fight against bullying of gay, lesbian, bisexual and transgender people. The students created beautiful posters, all of which were displayed in school for LGBT+ History Month.

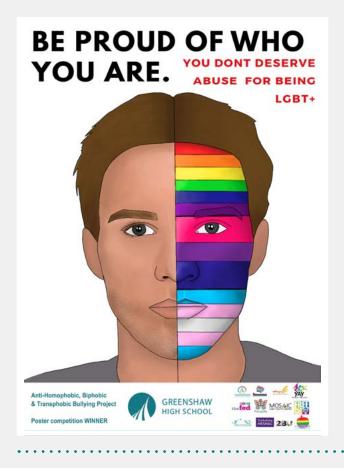
It was very exciting to see so many creative posters. It was even more exciting to find out that Greenshaw's submission had won!

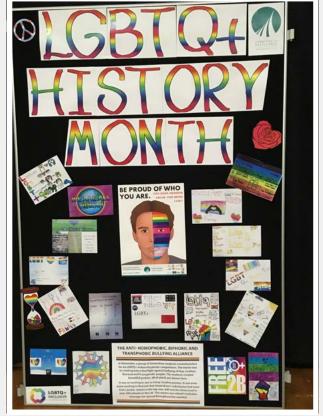
Erin's poster will now be showcased in over 200 schools

in the UK. This means our school's inclusive message can spread throughout the country.

Greenshaw also celebrated the LGBT+ History Month by showcasing all our students' posters in the main foyer area of the school. We also created a timeline of the LGBT+ History of Greenshaw, and celebrated the many steps we have taken as a school to move towards acceptance and inclusion.

Mia Travlos, xxxxxxx







## YOUTH ART EXHIBITION

The Youth Art Exhibition 2019 private view at Sutton Central Library's Europa Gallery was a great success this year, seeing record numbers in attendance to celebrate the artistic talents of Sutton's schools.

Greenshaw High School's stand looked particularly diverse and exciting, showing off 2D and 3D work from our Key Stage 5 art and design students, including James' beautiful nature-inspired lamp (which was a big hit!) and Daniyah's impressive realist painting of her auntie.

There were numerous positive comments about the artwork on display, and all the borough schools involved provided inspiring and impressive contributions. Mocktails were served at the private view, and the Mayor and councillors were there to award prizes. Overall, it was a wonderful celebration of talent and hard work from students and staff in Sutton and our congratulations go to all involved.

Miss Paisley, Head of Art and Technology



## TOUR DE SAL

'Tour de Sal' set off from Greenshaw High School last Friday – a cycle ride from London to Cardiff in tribute to a former Greenshaw student, Sally Brett-Young.

Sally, who is also the daughter of former mayor of Sutton Tony Brett-Young, passed away aged 36 years old in July 2018 after she was diagnosed with pancreatic cancer.

Sally worked for many charities, giving up much of her spare time for different volunteering groups. One of the events she took part in was a cycle ride from London to Cardiff to raise money for Myeloma research. Sally's inspiration for this was her Mum, Cynthia, who had been treated successfully for this type of cancer. Sally and the team raised £4500. It was at the end of the event that Sally started to feel unwell. Despite being given only months to live, she led a healthy life for around three years, determined to travel and make new friends.

Following Sally's death, a group of her closest friends decided to challenge themselves to repeat the cycle from London to the Millennium Stadium in Cardiff in her honour. They set off



early on Monday morning from Greenshaw – on the day of Sally's birthday.

Joe Borner, one of Sally's close friends, said: "Sally was the third Brett-Young to attend Greenshaw and, as I did, had a great time and made many lifelong friendships."

They are hoping to raise as much money as possible for three charities that Sally has chosen: Cancer Research UK, Gilgal and Birmingham St Marys Hospice. If you wish to support their fundraising, please click <u>here</u>.



### THE VIRTUE OF GOOD HABITS

Mr House led a series of recent assemblies on the potential virtue of establishing habits. He explained how the brain likes habits, because it requires little thought, which in turn takes the minimum amount of energy. This explains why habitual behaviour becomes established, as it actually has an evolutionary benefit for human beings.

Mr House went on to explain that habits become 'hard wired' into our behaviour in many aspects of our lives: eating

patterns; responses to a parent's questions; or homework completion. The really positive thing is that the brain is 'plastic', which means that it can change, and therefore habits can change for the good. Recognising the habits we have subconsciously adopted, and knowing they can be changed (if negative) or developed further (if positive) is the most important aspect of human behaviour. Pictured below is a slide from his assembly which depicts the areas responsible within the human brain.

## KEY DATES - YEAR 13

End of spring term (usual end of school day)

Start of summer term

Greenshaw Awards Evening

5th April
23rd April
9th May

May half term 27th May to 31st May

Leavers' assembly Year 13 Prom A level results day 26th June 26th June 15th August

### YEAR 13 CONTACT LIST

**Director of Learning Post-16:** Miss L Buchanan – Ibuchanan@greenshaw.co.uk

Head of Sixth Form: Miss S Larkin – slarkin@greenshaw.co.uk

**Deputy Head of Sixth Form:** Mrs D Ayres – dayres@greenshaw.co.uk

**Sixth Form Study Skills Manager:** Miss T Reid – treid@greenshaw.co.uk **Sixth Form Administrator:** Mrs E Atkins – eatkins@greenshaw.co.uk **Sixth Form Reception:** Miss K Ballard – kballard@greenshaw.co.uk **Sixth Form Careers Advisor:** Mrs P Sone – psone@greenshaw.co.uk

### **Sixth Form Tutors - Year 13**

13BB Mr B Broniecki – bbroniecki@greenshaw.co.uk

13DJ Mr D Jones – djones@greenshaw.co.uk

13DHU Mrs D Hughes – dhughes@greenshaw.co.uk

13DO Mr J Dowie – jdowie@greenshaw.co.uk

13KH Dr K Hirst – khirst@greenshaw.co.uk

13MS Mr M Sharpe – msharpe@greenshaw.co.uk

13TFG Mr T Ferguson – tferguson@greenshaw.co.uk

