



## AN UPDATE ON YEAR 12



By the time you read this you will most likely have attended parents' evening. I hope that this was a useful opportunity to get a good understanding of where your child is currently at in their subjects and that they left with a clear plan of how to prepare successfully for their mock exams in June. If students feel that they need more help in revising effectively and organising their notes and time, then they should book an appointment with Mrs Reid, Sixth Form Study Skills Manager. The holidays also provide a good opportunity for students to buy any resources they need to get themselves organised, such as new folders and revision cards.

I also need to remind students that their placement and parent work shadowing forms are due back on Tuesday 23rd April – which is the first day of the summer term.

Parents' evening provided an opportunity for families to hear from Miss Buchanan, Director of Key Stage Five at Greenshaw, about key messages and conversations that we encourage them to discuss further with students during the Easter break. This includes:

- Students must get a minimum of three D grades in their mock exams to gain entry into Year 13.
- For students planning to go to university or apply for graduate apprenticeships, the school's predicted grade policy is such that they will be predicted one grade higher than their mock exam result. If students wish to challenge this prediction then they will need to complete an extensive form, and changes will only be authorised by myself or Miss Buchanan.
- Success in these exams is not going to come easy. Students must use their free time in and outside of school effectively, and attend all lessons. We recommend that students do a minimum of seven hours work outside of the classroom for each subject in order to achieve their minimum expected grade, and if students want to exceed this grade or if they have a deficit due to not doing seven hours throughout the year, then they should be doing much more than this.

If you or your child would like to discuss the above points or ask any questions, then please do book an appointment with me via email or through the main school office.

I would also like to take the opportunity to recognise the achievements of Erin in 12DM who has achieved a Jack Petchy Award. Erin has been nominated for her involvement in three different charities. Erin has competed in and won the national Stonewall competition for the best LGBT+ poster which has been sent out and used in over 200 schools nationally to raise awareness and support students in the LGBT+ community. Erin also helped publicise and organise the LGBT+ and Donkey Sanctuaries bake and doughnut sales. As part of her work on the Greenshaw student council, she has also initiated charity work for Sutton Night Watch, a local Sutton-based charity supporting homeless people; which led to the sixth form collecting donations for the charity over the Christmas period. Thank you Erin for your significant contribution to both Year 12 and the wider school community.



I would like to finish by congratulations the students who have been pro-active in applying to summer schools at competitive universities. Covering a range of subjects from languages, history and politics, economics and STEM related courses, many students will now spend a day or a week at universities such as Cambridge, Oxford and Imperial in the Easter and summer holidays. I hope these courses prove excellent insight into possible future courses and institutions.

Wishing you all a fabulous Easter break.

*Miss Larkin, Head of Sixth Form, and Mrs Ayres, Deputy Head of Sixth Form*





## PROMOTING MENTAL HEALTH AND WELLBEING AT GREENSHAW

Good mental health is the most important thing for all of the people in Greenshaw High School, both students and staff. While we do not control all the things that shape mental health beyond school, we will always consider the impact of the decisions we make on the wellbeing of staff and students.

In the curriculum we directly teach our students about their emotional health. We teach the *Healthy Minds Curriculum* through Years 7 to 10 that focuses on developing resilience, understanding social and emotional learning, healthy habits and mental illness.

We aim to teach students to understand and love each subject for its own sake. We do not see GCSEs and A levels as requirements to jump through examination hoops, but seek to make education an enjoyable and enriching experience.

In ensuring excellent behaviour, we have a consistent whole school approach with clear routines of behaviour, well communicated social norms and familiar routines to bring a sense of calm. The key emphasis in our approach to behaviour is to allow young people to self-regulate, so they develop the skills of capable adulthood.

In maintaining a significant non-teaching team dedicated to pastoral support we can put in place measures to support young people experiencing difficulties. This team of staff has a range of expertise covering areas including bereavement, anxiety and exam pressures and work closely alongside classroom staff.

If you have any concerns about the mental health of a young person at Greenshaw High School, then please contact his or her Head of Year or Deputy Head of Year. In addition, the page on Frog (*shown below*) has a list of helpful contacts. Some of these are local to Sutton, while others are nationwide, but all offer information and support.

Please click on the image below to visit the web page.





## GREENSHAW STUDENTS CELEBRATE AT JACK PETCHEY AWARDS

A group of Greenshaw students joined more than 100 young people from across Sutton at the Jack Petchey Foundation Achievement Awards ceremony, held at Epsom Playhouse on Monday evening.

All of last year's award winners were presented with a gold medallion and certificate in front of their families, friends and local VIPs. Several local schools provided some brilliant musical entertainment for the evening. Chief Superintendent David Stringer, the Sutton borough commander, presented the awards.

He said: "We are so proud of our young people in Sutton. This evening was a great reminder why. Inspirational stories of achievement in all areas of school and community life. Congratulations to all of the award winners."

The Jack Petchey Achievement Award Scheme recognises outstanding young people aged 11 to 25. At Greenshaw, students are nominated by their peers for their achievements – which might be academic, sporting or work which they have done in the community. Each award winner received a certificate, pin badge and a book and chose how to spend a £250 grant to benefit the school.

Mr House presented Greenshaw's latest Jack Petchey Award winners with their badges and certificates on Friday 15th March:

### **Keeleigh - Year 11**

Keeleigh volunteers at a local cub group every Thursday evening. During this time, she sets games and activities to help the group develop their skills. There are approximately 34 students in the group, three of which have special needs.

### **Erin - Year 12**

Erin has been nominated for her involvement in three different charities. This month, Erin has competed in and won the national Stonewall competition for best LGBT+ poster, which has been sent out and used in over 200 schools nationally to raise awareness and support students in the LGBT+ community. Erin also helped publicise and organise the LGBT+ and Donkey Sanctuaries bake and doughnut sales at Greenshaw last term. As part of her work on the Greenshaw student council she has also initiated charity work for the Sutton Night Watch, which is a locally based charity supporting homeless people; which led to the sixth form to collect donations for the charity over the Christmas period.

### **Amba, Kelvicia, Mia and Emily - Year 13**

These Year 13 students, without help from staff decided to organise a community quiz night for staff, students and families in aid of Crisis. It was well-run, well-written and lots of fun. In the midst of A level pressures they all excelled and were able to prioritise the needs of vulnerable people. A total of £179 was raised, enabling a number of homeless people to get support at Christmas.







## CONSULTATION ON BUILDING PLANS FOR NEW SUTTON SCHOOLS

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Following its appointment by the Department of Education (DfE) as design and build contractor, Wates is developing and consulting on plans for the new secondary school and special school proposed for the disused all weather pitch and part of the southern end of the Sports Village at Rosehill Recreation Ground, ahead of submitting a planning application to Sutton Council in May.

Wates is seeking feedback on the initial proposals. You can view the plans and give your feedback [here](#).

The closing date for feedback on these initial plans is Friday 12th April 2019.

Feedback will be used by Wates to develop the plans further, ahead of the formal planning application being submitted to Sutton Council.

If planning permission is granted, the schools should be completed by September 2021; they will then be handed over to the Greenshaw Learning Trust.

You can find more information about the new schools on the Greenshaw Learning Trust website [here](#).

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## LGBT+ HISTORY MONTH AT GREENSHAW

Earlier this year, a group of Greenshaw students created posters for Stonewall's national LGBTQ+ inclusivity poster competition. The aim was to create posters that fight against bullying of gay, lesbian, bisexual and transgender people. The students created beautiful posters, all of which were displayed in school for LGBT+ History Month.

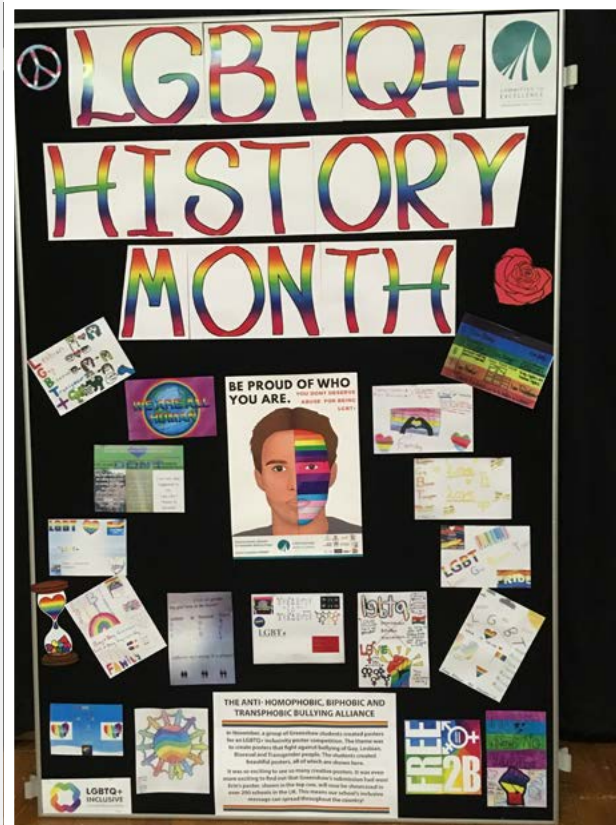
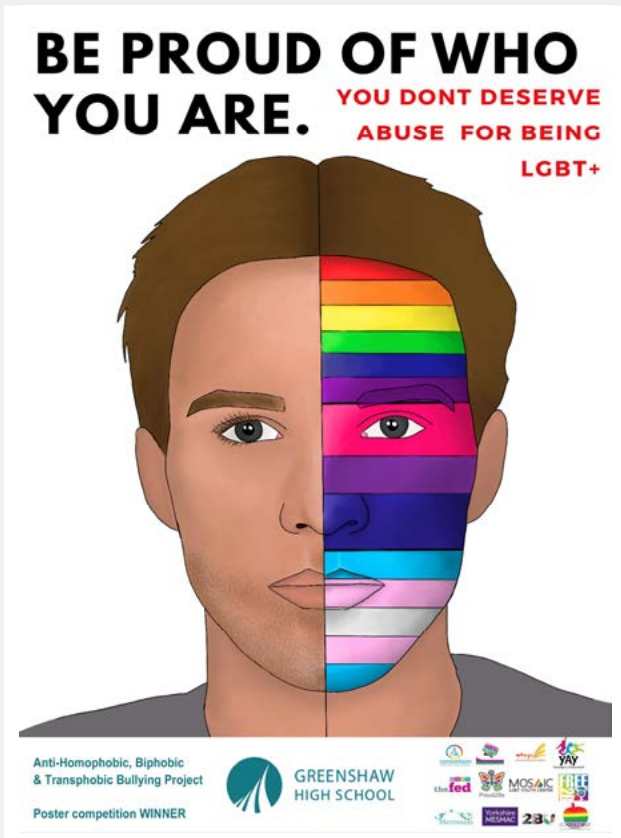
It was very exciting to see so many creative posters. It was even more exciting to find out that Greenshaw's submission had won!

Erin's poster will now be showcased in over 200 schools

in the UK. This means our school's inclusive message can spread throughout the country.

Greenshaw also celebrated the LGBT+ History Month by showcasing all our students' posters in the main foyer area of the school. We also created a timeline of the LGBT+ History of Greenshaw, and celebrated the many steps we have taken as a school to move towards acceptance and inclusion.

*Mia Travlos, xxxxxxxx*





## YOUTH ART EXHIBITION

The Youth Art Exhibition 2019 private view at Sutton Central Library's Europa Gallery was a great success this year, seeing record numbers in attendance to celebrate the artistic talents of Sutton's schools.

Greenshaw High School's stand looked particularly diverse and exciting, showing off 2D and 3D work from our Key Stage 5 art and design students, including James' beautiful nature-inspired lamp (which was a big hit!) and Daniyah's impressive realist painting of her auntie.

There were numerous positive comments about the artwork on display, and all the borough schools involved provided inspiring and impressive contributions. Mocktails were served at the private view, and the Mayor and councillors were there to award prizes. Overall, it was a wonderful celebration of talent and hard work from students and staff in Sutton and our congratulations go to all involved.

*Miss Paisley, Head of Art and Technology*



## TOUR DE SAL

'Tour de Sal' set off from Greenshaw High School last Friday – a cycle ride from London to Cardiff in tribute to a former Greenshaw student, Sally Brett-Young.

Sally, who is also the daughter of former mayor of Sutton Tony Brett-Young, passed away aged 36 years old in July 2018 after she was diagnosed with pancreatic cancer.

Sally worked for many charities, giving up much of her spare time for different volunteering groups. One of the events she took part in was a cycle ride from London to Cardiff to raise money for Myeloma research. Sally's inspiration for this was her Mum, Cynthia, who had been treated successfully for this type of cancer. Sally and the team raised £4500. It was at the end of the event that Sally started to feel unwell. Despite being given only months to live, she led a healthy life for around three years, determined to travel and make new friends.

Following Sally's death, a group of her closest friends decided to challenge themselves to repeat the cycle from London to the Millennium Stadium in Cardiff in her honour. They set off



early on Monday morning from Greenshaw – on the day of Sally's birthday.

Joe Borner, one of Sally's close friends, said: "Sally was the third Brett-Young to attend Greenshaw and, as I did, had a great time and made many lifelong friendships."

They are hoping to raise as much money as possible for three charities that Sally has chosen: Cancer Research UK, Gilgal and Birmingham St Marys Hospice. If you wish to support their fundraising, please click [here](#).





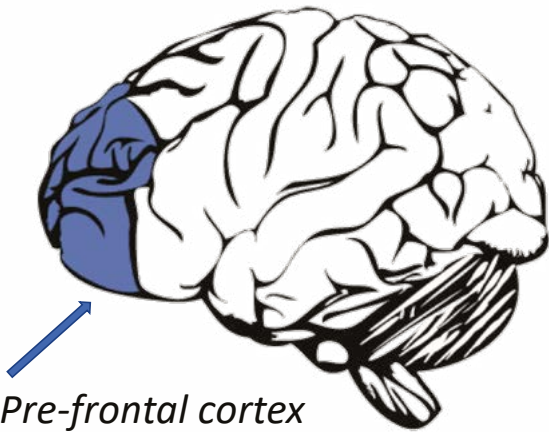


## THE VIRTUE OF GOOD HABITS

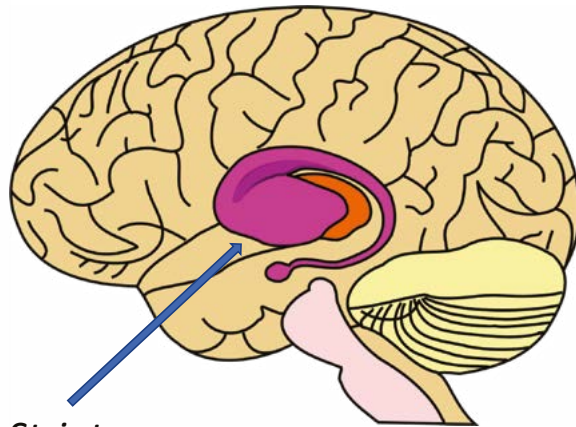
Mr House led a series of recent assemblies on the potential virtue of establishing habits. He explained how the brain likes habits, because it requires little thought, which in turn takes the minimum amount of energy. This explains why habitual behaviour becomes established, as it actually has an evolutionary benefit for human beings.

Mr House went on to explain that habits become 'hard wired' into our behaviour in many aspects of our lives: eating

patterns; responses to a parent's questions; or homework completion. The really positive thing is that the brain is 'plastic', which means that it can change, and therefore habits can change for the good. Recognising the habits we have subconsciously adopted, and knowing they can be changed (if negative) or developed further (if positive) is the most important aspect of human behaviour. *Pictured below is a slide from his assembly which depicts the areas responsible within the human brain.*



**Pre-frontal cortex**  
Complex thought



**Striatum**  
Habitual behaviours

## KEY DATES – YEAR 12

End of spring term (end of the school day)	5th April	Greenshaw Awards Evening	9th May
Start of summer term	23rd April	May half term	27th May to 31st May
Route to Success	8th May	Year 12 mock exams start	19th June
Positive mental health evening	7th May	End of summer term	23rd July





## YEAR 12 CONTACT LIST

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**Director of Learning Post-16:** Miss L Buchanan – lbuchanan@greenshaw.co.uk  
**Head of Sixth Form:** Miss S Larkin – slarkin@greenshaw.co.uk  
**Deputy Head of Sixth Form:** Mrs D Ayres – dayres@greenshaw.co.uk

**Sixth Form Study Skills Manager:** Miss T Reid – treid@greenshaw.co.uk  
**Sixth Form Administrator:** Mrs E Atkins – eatkins@greenshaw.co.uk  
**Sixth Form Reception:** Miss K Ballard – kballard@greenshaw.co.uk  
**Sixth Form Careers Advisor:** Mrs P Sone – psone@greenshaw.co.uk

### Sixth Form Tutors – Year 12

12CC Mr C Cheal – ccheale@greenshaw.co.uk  
12CRG Miss C Goodgame – cgoodgame@greenshaw.co.uk  
12DM Ms D Mountford – dmountford@greenshaw.co.uk  
12DW Ms D White – dwhite@greenshaw.co.uk  
12ASP Miss N Hemming – nhemming@greenshaw.co.uk  
12NZH Miss N Haq – nhaq6@greenshaw.co.uk  
12PTT Mr P Tate – ptate@greenshaw.co.uk  
12SLY Miss S Lyall – slyall@greenshaw.co.uk  
12VFP Mrs Falcao-Pimentel – vfalcao-pimental@greenshaw.co.uk

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