



AN UPDATE ON YEAR 11



Since the last newsletter students have been reaping the rewards of their tireless approach to their academic and sporting commitments.

Students in Miss Bowles' food and nutrition classes have been completing their practical food examination final pieces, producing outstanding work that was not only aesthetically pleasing but a culinary delight for the pallet (*pictured below right*). The students' brief was street food. The brief saw students produce dishes from around the world that would not have looked out of place in a restaurant.



Another outstanding achievement has been that Greenshaw and Year 11 can officially state that we are the current Surrey basketball champions and finalists in the Surrey League (*pictured below left*). The outstanding achievement was largely achieved as a result of the commitment over a number of years from EJ, Luke, Vim, Bennaiah, Mohammed, Brendon and Inamullah. The boys should all be commended and revel in their success. This is

an achievement that has been accomplished by few, due to its difficulty in achieving.

A small reminder that the Year 11 prom will be taking place at Kingswood Golf Course on 4th July 2019. Tickets are still available through the school website. It promises to be an amazing party to celebrate a fantastic five years at Greenshaw High School – the final time that the Class of 2019 will be together.

The final term is finally upon us and how important this term is cannot be put into words. With students' exams beginning on May 13th, the number of school days remaining is now a little over ten. Students should now be in full flow with their revision and, whilst having some time to rest and recover is important over Easter, this time should be spent thoroughly revising and making the most of the little time that is left. Preparation is the key, with timetables available on Frog, everything is set up for students to attack their first exam on May 13th fully equipped and ready to produce results they will be proud of.

It is important to note though, that if anyone needs to talk about how they are feeling, during this time, M1 will be available as a drop in room.

Have a lovely Easter and I look forward to seeing you ready for the final stretch.

Mr Higgins, Head of Year 11, and Miss Thompson, Deputy Head of Year 11





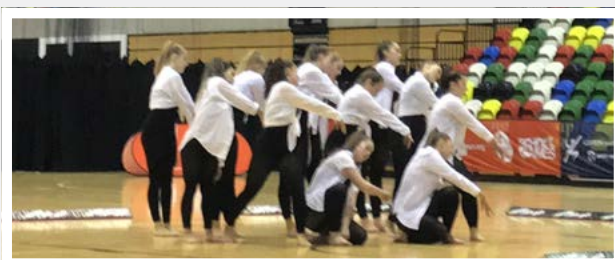
PRODUCT DESIGN PRACTICAL EXAM

Year 11 Product Design students have been working exceptionally hard this week enduring a 15 hour practical exam for their NCFE Level 2 in Craft. They have prepared, planned and executed some outstanding responses to their theme on 'Heavenly Desserts'; designing an item to store and hold delicious desserts. I'm very proud of the hard work they have put in, and am looking forward to the summer when they receive their final mark.

Miss Paisley, Head of Art and Technology



THE COMPANY PERFORMS AT THE COPPER BOX



Congratulations to Greenshaw's dance group, The Company, who competed in the London Youth Games Dance competition at the Copper Box Arena on 13th March, representing the London Borough of Sutton. Students from Years 9 to 11 were involved. The Company came eleventh overall out of 24 boroughs.

Miss Izzard, Head of Dance





PROMOTING MENTAL HEALTH AND WELLBEING AT GREENSHAW

Good mental health is the most important thing for all of the people in Greenshaw High School, both students and staff. While we do not control all the things that shape mental health beyond school, we will always consider the impact of the decisions we make on the wellbeing of staff and students.

In the curriculum we directly teach our students about their emotional health. We teach the *Healthy Minds Curriculum* through Years 7 to 10 that focuses on developing resilience, understanding social and emotional learning, healthy habits and mental illness.

We aim to teach students to understand and love each subject for its own sake. We do not see GCSEs and A levels as requirements to jump through examination hoops, but seek to make education an enjoyable and enriching experience.

In ensuring excellent behaviour, we have a consistent whole school approach with clear routines of behaviour, well communicated social norms and familiar routines to bring a sense of calm. The key emphasis in our approach to behaviour is to allow young people to self-regulate, so they develop the skills of capable adulthood.

In maintaining a significant non-teaching team dedicated to pastoral support we can put in place measures to support young people experiencing difficulties. This team of staff has a range of expertise covering areas including bereavement, anxiety and exam pressures and work closely alongside classroom staff.

If you have any concerns about the mental health of a young person at Greenshaw High School, then please contact his or her Head of Year or Deputy Head of Year. In addition, the page on Frog (*shown below*) has a list of helpful contacts. Some of these are local to Sutton, while others are nationwide, but all offer information and support.

Please click on the image below to visit the web page.





LGBT+ HISTORY MONTH AT GREENSHAW

Earlier this year, a group of Greenshaw students created posters for Stonewall's national LGBTQ+ inclusivity poster competition. The aim was to create posters that fight against bullying of gay, lesbian, bisexual and transgender people. The students created beautiful posters, all of which were displayed in school for LGBT+ History Month.

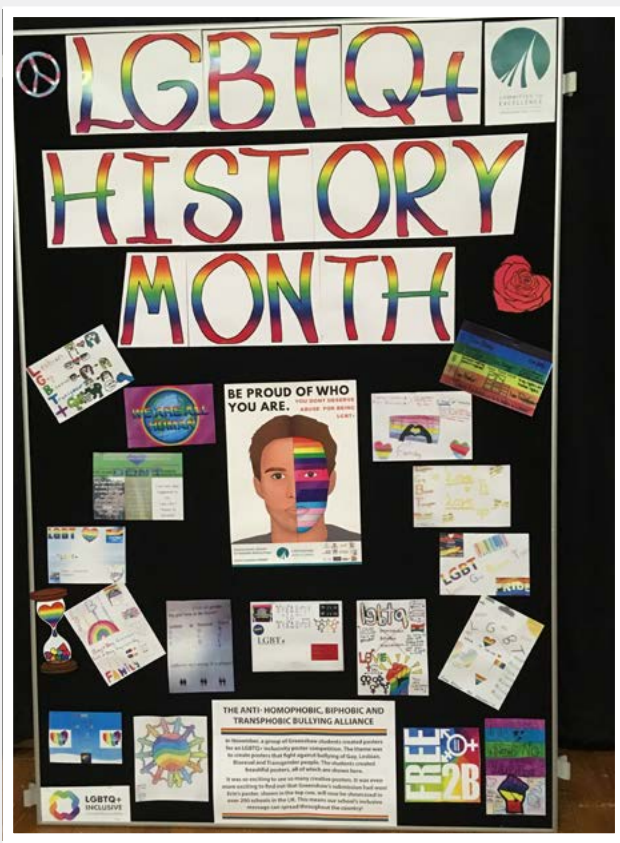
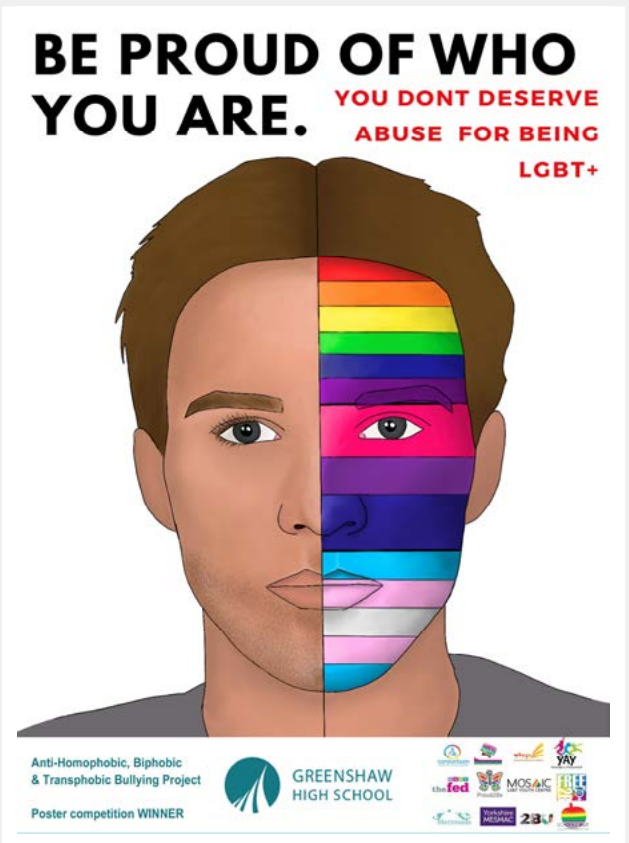
It was very exciting to see so many creative posters. It was even more exciting to find out that Greenshaw's submission had won!

Erin's poster will now be showcased in over 200 schools

in the UK. This means our school's inclusive message can spread throughout the country.

Greenshaw also celebrated the LGBT+ History Month by showcasing all our students' posters in the main foyer area of the school. We also created a timeline of the LGBT+ History of Greenshaw, and celebrated the many steps we have taken as a school to move towards acceptance and inclusion.

*Mia Travlos
On Behalf of the LGBT+ Group*





GREENSHAW STUDENTS CELEBRATE AT JACK PETCHEY AWARDS

A group of Greenshaw students joined more than 100 young people from across Sutton at the Jack Petchey Foundation Achievement Awards ceremony, held at Epsom Playhouse on Monday evening.

All of last year's award winners were presented with a gold medallion and certificate in front of their families, friends and local VIPs. Several local schools provided some brilliant musical entertainment for the evening. Chief Superintendent David Stringer, the Sutton borough commander, presented the awards.

He said: "We are so proud of our young people in Sutton. This evening was a great reminder why. Inspirational stories of achievement in all areas of school and community life. Congratulations to all of the award winners."

The Jack Petchey Achievement Award Scheme recognises outstanding young people aged 11 to 25. At Greenshaw, students are nominated by their peers for their achievements – which might be academic, sporting or work which they have done in the community. Each award winner received a certificate, pin badge and a book and chose how to spend a £250 grant to benefit the school.

Mr House presented Greenshaw's latest Jack Petchey Award winners with their badges and certificates on Friday 15th March:

Keeleigh - Year 11

Keeleigh volunteers at a local cub group every Thursday evening. During this time, she sets games and activities to help the group develop their skills. There are approximately 34 students in the group, three of which have special needs.

Erin - Year 12

Erin has been nominated for her involvement in three different charities. This month, Erin has competed in and won the national Stonewall competition for best LGBT+ poster, which has been sent out and used in over 200 schools nationally to raise awareness and support students in the LGBT+ community. Erin also helped publicise and organise the LGBT+ and Donkey Sanctuaries bake and doughnut sales at Greenshaw last term. As part of her work on the Greenshaw student council she has also initiated charity work for the Sutton Night Watch, which is a locally based charity supporting homeless people; which led to the sixth form to collect donations for the charity over the Christmas period.

Amba, Kelvicia, Mia and Emily - Year 13

These Year 13 students, without help from staff decided to organise a community quiz night for staff, students and families in aid of Crisis. It was well-run, well-written and lots of fun. In the midst of A level pressures they all excelled and were able to prioritise the needs of vulnerable people. A total of £179 was raised, enabling a number of homeless people to get support at Christmas.





CONSULTATION ON BUILDING PLANS FOR NEW SUTTON SCHOOLS

Following its appointment by the Department of Education (DfE) as design and build contractor, Wates is developing and consulting on plans for the new secondary school and special school proposed for the disused all weather pitch and part of the southern end of the Sports Village at Rosehill Recreation Ground, ahead of submitting a planning application to Sutton Council in May.

Wates is seeking feedback on the initial proposals. You can view the plans and give your feedback [here](#).

The closing date for feedback on these initial plans is Friday 12th April 2019.

Feedback will be used by Wates to develop the plans further, ahead of the formal planning application being submitted to Sutton Council.

If planning permission is granted, the schools should be completed by September 2021; they will then be handed over to the Greenshaw Learning Trust.

You can find more information about the new schools on the Greenshaw Learning Trust website [here](#).

YOUTH ART EXHIBITION

The Youth Art Exhibition 2019 private view at Sutton Central Library's Europa Gallery was a great success this year, seeing record numbers in attendance to celebrate the artistic talents of Sutton's schools.

Greenshaw High School's stand looked particularly diverse and exciting, showing off 2D and 3D work from our Key Stage 5 art and design students, including James' beautiful nature-inspired lamp (which was a big hit!) and Daniyah's impressive realist painting of her auntie.

There were numerous positive comments about the artwork on display, and all the borough schools involved provided inspiring and impressive contributions. Mocktails were served at the private view, and the Mayor and councillors were there to award prizes. Overall, it was a wonderful celebration of talent and hard work from students and staff in Sutton and our congratulations go to all involved.

Miss Paisley, Head of Art and Technology



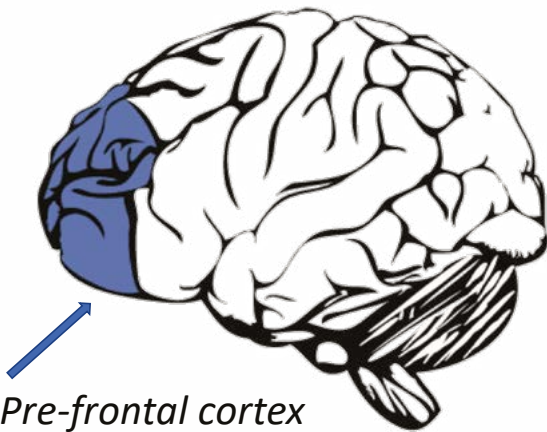


THE VIRTUE OF GOOD HABITS

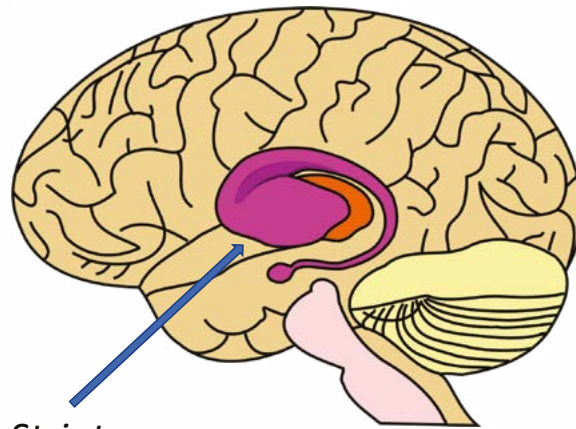
Mr House led a series of recent assemblies on the potential virtue of establishing habits. He explained how the brain likes habits, because it requires little thought, which in turn takes the minimum amount of energy. This explains why habitual behaviour becomes established, as it actually has an evolutionary benefit for human beings.

Mr House went on to explain that habits become 'hard wired' into our behaviour in many aspects of our lives: eating

patterns; responses to a parent's questions; or homework completion. The really positive thing is that the brain is 'plastic', which means that it can change, and therefore habits can change for the good. Recognising the habits we have subconsciously adopted, and knowing they can be changed (if negative) or developed further (if positive) is the most important aspect of human behaviour. *Pictured below is a slide from his assembly which depicts the areas responsible within the human brain.*



Pre-frontal cortex
Complex thought



Striatum
Habitual behaviours

KEY DATES FOR YEAR 11

End of spring term (3.05pm)	5th April	Dance trip	10th May
Start of summer term	23rd April	May half term	27th May to 31st May
Graphic Design exam	23rd and 24th April	Year 11 Prom	4th July
Bank holiday (school closed)	6th May	End of summer term	23rd July
Positive mental health evening	7th May		
Greenshaw Awards Evening	9th May		





YEAR 11 CONTACT LIST

A full list of contact details for Year 11 is below.

Year 11

Head of Year: Mr C Higgins – chiggins@greenshaw.co.uk

Deputy Head of Year: Miss J Thompson – jthompson@greenshaw.co.uk

Year 11 Form Tutors

11ALP: Miss A Paisley – apaisley@greenshaw.co.uk

11CCR: Mr C Cordes – ccordes@greenshaw.co.uk

11DC: Mr D Clarke – dclarke@greenshaw.co.uk

11HOL: Miss H Oliver – holiver@greenshaw.co.uk

11JRC: Mr J Richards – jrichards@greenshaw.co.uk

11KDC: Miss K Duce – kduce@greenshaw.co.uk

11MNA: Mr M Narbrough – mnarbrough@greenshaw.co.uk

11RG: Miss R Graham – rgraham@greenshaw.co.uk

11VN: Mr V Nair – vnair@greenshaw.co.uk

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Or find us on Facebook [@GreenshawHigh](https://www.facebook.com/GreenshawHigh)

