



AN UPDATE ON YEAR 10...



I would like to begin by thanking all those who attended the recent parents evening. As a year group, it was our highest ever attended event, with a total of 237 families making the time to find out further information about their child's performance. I hope you found the evening to be positive and productive. Your support was much appreciated.

Onto news outside the classroom, and six Year 10 students on our Achieve Programme have completed a sponsored walk, raising over £500 for the Marie Curie Hospice in Hampstead. The students walked a total of 14 miles, with Alfie

H and Leigh in particular going above and beyond in their quest to help raise money for the charity. Well done to all involved.

Continuing with the extra-curricular theme and, as had been mentioned in previous newsletters, it has been a fantastic season for the Year 10 football team, including a recent appearance at the Sutton Cup Final. It was a true team performance, with all sixteen players playing a part in the victory and it is hoped they can continue this winning streak when they play the semi-final of the Surrey Cup after the Easter break. More details of their win can be found on page xx.

Meanwhile, inside the classroom in history, Year 10 have shifted the focus of their study to look at British America between the years 1713 and 1783. So far, they have studied the role of piracy in the Caribbean, slave revolts in South Carolina and New York and the many cultural changes that happened as a result of the Great Awakening. This will progress after the Easter holidays, when they will begin to take a closer look at the events leading up to the Declaration of Independence in 1776. In particular, Year 10 will be looking at events such as the famous Boston Tea Party and the impact of taxes such as the Stamp Act. With the great complexity of this time period, it is increasingly important that students are continuing to complete their revision homeworks, especially the studying of the British America timeline.

Onto fashion and textiles, where students have been extending their skill base and exploring a range of decorative methods in preparation for making their bags, whilst in art, our spring term superstar is Betty. Her photo-shoot inspired by growth and nature, can be seen pictured at the top of the next page. Betty's observational drawings (*also on page 2*) show her working from her own photography ahead of final piece preparation, which takes place in the summer term.

Elsewhere, our GCSE dancers have a couple of key dates to be aware of, with the choreography exam on Friday 5th April and the primary school festival scheduled for Tuesday 30th April. Miss Walker and Miss Izzard would also like to thank the Year 10 students who have given up their time to support in Year 11 choreography pieces this term.

Two final pieces of information, starting with child development, where Mrs Leppard and Mrs Ernstzen would like to remind families that students are sitting their GCSE exam on 10th June.

We would like to take this opportunity to wish all our students and families a very restful and enjoyable Easter break and look forward to seeing students refreshed and ready for action in the summer term.

Mr Johnson, Head of Year 10, and Mr Parker, Deputy Head of Year 10





ART – GROWTH AND NATURE



Betty's amazing photoshoot and observational drawings deserved praise in art.

YEAR 10 FOOTBALL CHAMPIONS

The Year 10 boys' football team started very strong in their cup final against Sutton Grammar School, scoring early in the fixture with a fantastic goal from Foti – scoring on the volley from outside the box. The boys then went from strength to strength for the remainder of the first half, finishing at half time 2-0, up thanks to second goal from Nick.

The second half was more of dogged performance, where the

boys fought and scraped their way through a tricky period and eventually came out as the overall victors with a 3-0 win. The final goal was courtesy of the team captain, Sean. This was a true team performance with all 16 players playing a part in the victory and I hope they can continue this winning streak when they play in the semi-final of the Surrey Cup.

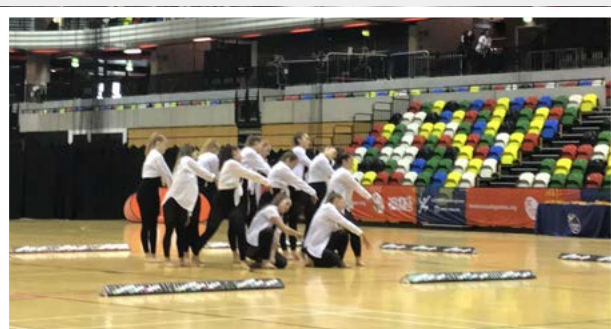
Mr Feenan, PE Teacher and Head of Year 8

THE COMPANY PERFORMS AT THE COPPER BOX ARENA

Congratulations to Greenshaw's dance group, The Company, who competed in the London Youth Games Dance competition at the Copper Box Arena on 13th March, representing the London Borough of Sutton. Students from

Years 9 to 11 were involved. The Company came eleventh overall out of 24 boroughs. Well done, girls!

Miss Izzard, Head of Dance





PROMOTING MENTAL HEALTH AND WELLBEING AT GREENSHAW

Good mental health is the most important thing for all of the people in Greenshaw High School, both students and staff. While we do not control all the things that shape mental health beyond school, we will always consider the impact of the decisions we make on the wellbeing of staff and students.

In the curriculum we directly teach our students about their emotional health. We teach the *Healthy Minds Curriculum* through Years 7 to 10 that focuses on developing resilience, understanding social and emotional learning, healthy habits and mental illness.

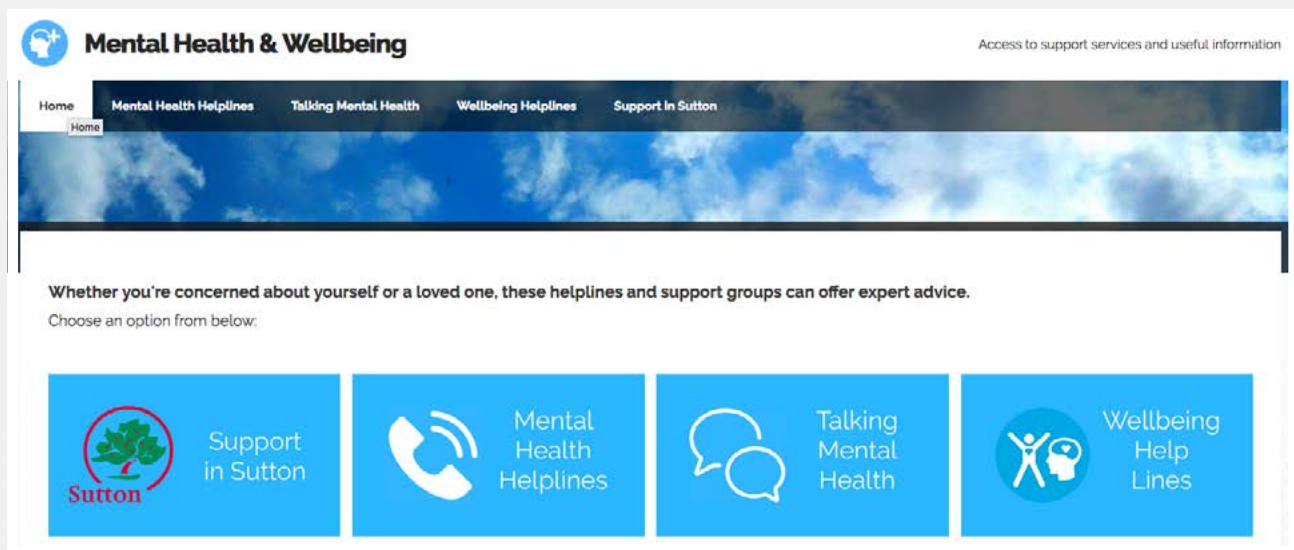
We aim to teach students to understand and love each subject for its own sake. We do not see GCSEs and A levels as requirements to jump through examination hoops, but seek to make education an enjoyable and enriching experience.

In ensuring excellent behaviour, we have a consistent whole school approach with clear routines of behaviour, well communicated social norms and familiar routines to bring a sense of calm. The key emphasis in our approach to behaviour is to allow young people to self-regulate, so they develop the skills of capable adulthood.

In maintaining a significant non-teaching team dedicated to pastoral support we can put in place measures to support young people experiencing difficulties. This team of staff has a range of expertise covering areas including bereavement, anxiety and exam pressures and work closely alongside classroom staff.

If you have any concerns about the mental health of a young person at Greenshaw High School, then please contact his or her Head of Year or Deputy Head of Year. In addition, the page on Frog (*shown below*) has a list of helpful contacts. Some of these are local to Sutton, while others are nationwide, but all offer information and support.

Please click on the image below to visit the web page.





GREENSHAW STUDENTS CELEBRATE AT JACK PETCHEY AWARDS

A group of Greenshaw students joined more than 100 young people from across Sutton at the Jack Petchey Foundation Achievement Awards ceremony, held at Epsom Playhouse on Monday evening.

All of last year's award winners were presented with a gold medallion and certificate in front of their families, friends and local VIPs. Several local schools provided some brilliant musical entertainment for the evening. Chief Superintendent David Stringer, the Sutton borough commander, presented the awards.

He said: "We are so proud of our young people in Sutton. This evening was a great reminder why. Inspirational stories of achievement in all areas of school and community life. Congratulations to all of the award winners."

The Jack Petchey Achievement Award Scheme recognises outstanding young people aged 11 to 25. At Greenshaw, students are nominated by their peers for their achievements – which might be academic, sporting or work which they have done in the community. Each award winner received a certificate, pin badge and a book and chose how to spend a £250 grant to benefit the school.

Mr House presented Greenshaw's latest Jack Petchey Award winners with their badges and certificates on Friday 15th March:

Keeleigh - Year 11

Keeleigh volunteers at a local cub group every Thursday evening. During this time, she sets games and activities to help the group develop their skills. There are approximately 34 students in the group, three of which have special needs.

Erin - Year 12

Erin has been nominated for her involvement in three different charities. This month, Erin has competed in and won the national Stonewall competition for best LGBT+ poster, which has been sent out and used in over 200 schools nationally to raise awareness and support students in the LGBT+ community. Erin also helped publicise and organise the LGBT+ and Donkey Sanctuaries bake and doughnut sales at Greenshaw last term. As part of her work on the Greenshaw student council she has also initiated charity work for the Sutton Night Watch, which is a locally based charity supporting homeless people; which led to the sixth form to collect donations for the charity over the Christmas period.

Amba, Kelvicia, Mia and Emily - Year 13

These Year 13 students, without help from staff decided to organise a community quiz night for staff, students and families in aid of Crisis. It was well-run, well-written and lots of fun. In the midst of A level pressures they all excelled and were able to prioritise the needs of vulnerable people. A total of £179 was raised, enabling a number of homeless people to get support at Christmas.





LGBT+ HISTORY MONTH AT GREENSHAW

Earlier this year, a group of Greenshaw students created posters for Stonewall's national LGBTQ+ inclusivity poster competition. The aim was to create posters that fight against bullying of gay, lesbian, bisexual and transgender people. The students created beautiful posters, all of which were displayed in school for LGBT+ History Month.

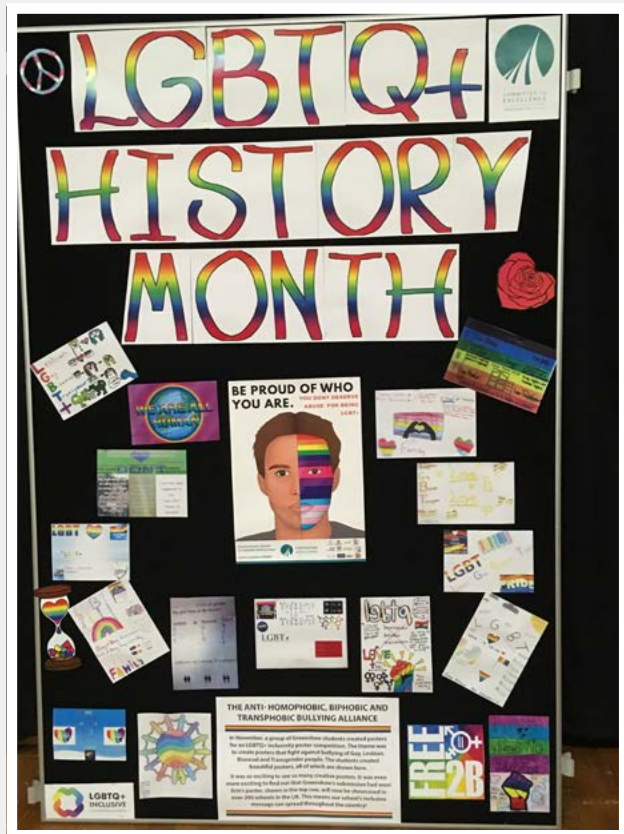
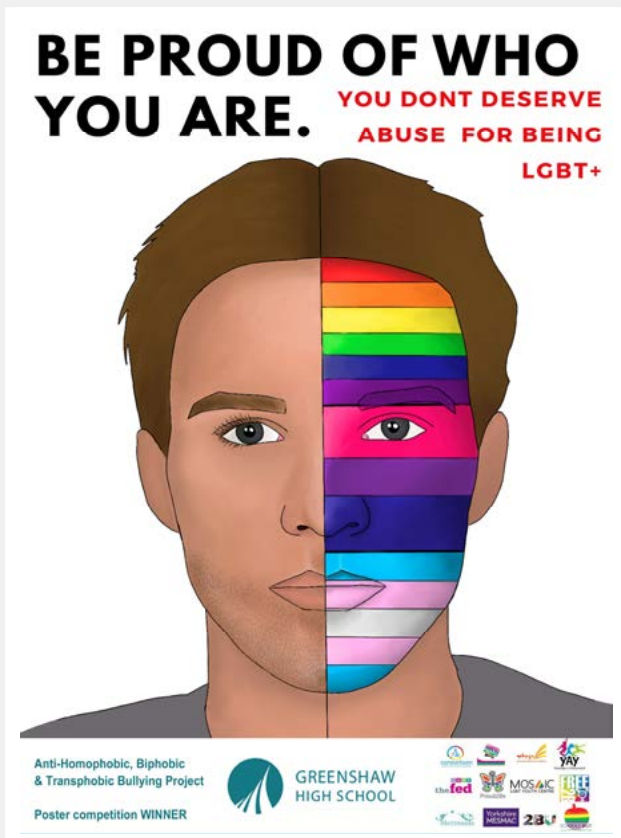
It was very exciting to see so many creative posters. It was even more exciting to find out that Greenshaw's submission had won!

Erin's poster will now be showcased in over 200 schools

in the UK. This means our school's inclusive message can spread throughout the country.

Greenshaw also celebrated the LGBT+ History Month by showcasing all our students' posters in the main foyer area of the school. We also created a timeline of the LGBT+ History of Greenshaw, and celebrated the many steps we have taken as a school to move towards acceptance and inclusion.

*Mia Travlos
On Behalf of the LGBT+ Group*





CONSULTATION ON BUILDING PLANS FOR NEW SUTTON SCHOOLS

Following its appointment by the Department of Education (DfE) as design and build contractor, Wates is developing and consulting on plans for the new secondary school and special school proposed for the disused all weather pitch and part of the southern end of the Sports Village at Rosehill Recreation Ground, ahead of submitting a planning application to Sutton Council in May.

Wates is seeking feedback on the initial proposals. You can view the plans and give your feedback [here](#).

The closing date for feedback on these initial plans is Friday 12th April 2019.

Feedback will be used by Wates to develop the plans further, ahead of the formal planning application being submitted to Sutton Council.

If planning permission is granted, the schools should be completed by September 2021; they will then be handed over to the Greenshaw Learning Trust.

You can find more information about the new schools on the Greenshaw Learning Trust website [here](#).

YOUTH ART EXHIBITION

The Youth Art Exhibition 2019 private view at Sutton Central Library's Europa Gallery was a great success this year, seeing record numbers in attendance to celebrate the artistic talents of Sutton's schools.

Greenshaw High School's stand looked particularly diverse and exciting, showing off 2D and 3D work from our Key Stage 5 art and design students, including James' beautiful nature-inspired lamp (which was a big hit!) and Daniyah's impressive realist painting of her auntie.

There were numerous positive comments about the artwork on display, and all the borough schools involved provided inspiring and impressive contributions. Mocktails were served at the private view, and the Mayor and councillors were there to award prizes. Overall, it was a wonderful celebration of talent and hard work from students and staff in Sutton and our congratulations go to all involved.

Miss Paisley, Head of Art and Technology



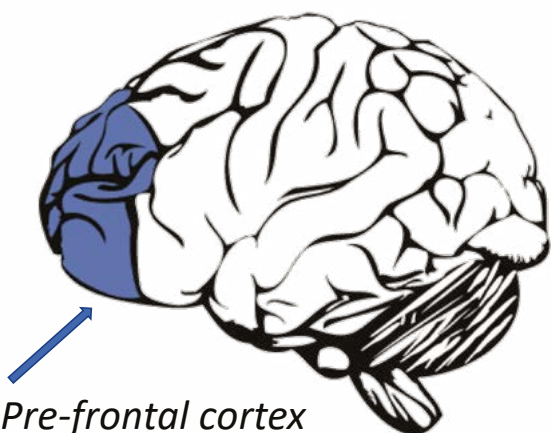


THE VIRTUE OF GOOD HABITS

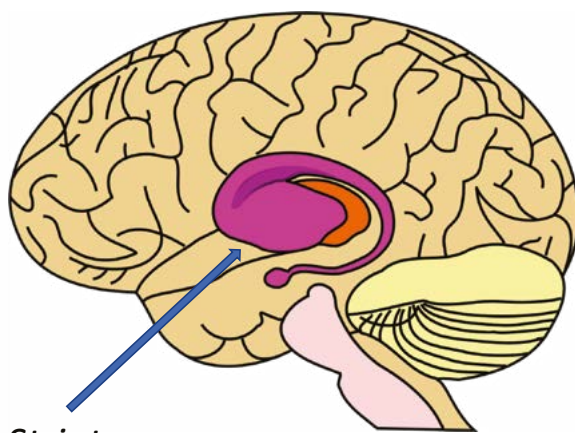
Mr House led a series of recent assemblies on the potential virtue of establishing habits. He explained how the brain likes habits, because it requires little thought, which in turn takes the minimum amount of energy. This explains why habitual behaviour becomes established, as it actually has an evolutionary benefit for human beings.

Mr House went on to explain that habits become 'hard wired' into our behaviour in many aspects of our lives: eating

patterns; responses to a parent's questions; or homework completion. The really positive thing is that the brain is 'plastic', which means that it can change, and therefore habits can change for the good. Recognising the habits we have subconsciously adopted, and knowing they can be changed (if negative) or developed further (if positive) is the most important aspect of human behaviour. *Pictured below is a slide from his assembly which depicts the areas responsible within the human brain.*



Pre-frontal cortex
Complex thought



Striatum
Habitual behaviours

KEY DATES – YEAR 10

End of spring term (3.05pm)	5th April	Greenshaw Awards Evening	9th May
Start of summer term	23rd April	Dance trip	10th May
Bank holiday (school closed)	6th May	May half term	27th May to 31st May
Positive mental health evening	7th May	End of summer term	23rd July





YEAR 10 CONTACT LIST

Head of Year: Mr C Johnson – cjohnson@greenshaw.co.uk
Deputy Head of Year: Mr A Parker – aparker@greenshaw.co.uk
110AF: Miss A Fingleton – afingleton@greenshaw.co.uk
10SE: Mrs S Erntzen - sernstzen@greenshaw.co.uk
10ET: Miss K Hall – khall@greenshaw.co.uk
10JDP: Miss J Daplyn – jdaplyn@greenshaw.co.uk
10KA: Miss K Armstrong – karmstrong@greenshaw.co.uk
10NY: Miss L Mosley – lmosley@greenshaw.co.uk
10MMB: Miss M Mbema – mmbema@greenshaw.co.uk
10SWL: Mr S Wallis – swallis@greenshaw.co.uk
10TF: Mrs T Forno – tforno@greenshaw.co.uk

JOIN US ON TWITTER AND FACEBOOK!



You can find us on Twitter [@greenshawhigh](https://twitter.com/greenshawhigh)



Or find us on Facebook [@GreenshawHigh](https://www.facebook.com/GreenshawHigh)

AND DON'T FORGET THE GREENSHAW APP:

You can download it from the app store on your phone or tablet.

