## 'Chill, Chat and Connect Group' For Dads/Male Carers



These sessions are facilitated by parent volunteers who are fathers themselves.

The group is aimed at dads, stepdads, dads to be, foster dads, grandfathers and other male carers.

Fathers/male carers matter and they have a huge and significant impact on the lives of their children.

These monthly evening sessions are a chance for dads/male carers to meet together to chill, chat and connect. It's a chance to share experiences and the challenges and positives of family life. This is a safe, relaxed and non-judgmental space. Support and advice is available if required.

Where The Quad, Green Wrythe Lane, Carshalton SM5 1JW

When Monday 18th September Monday 16th October Monday 20th November Monday 18th December

Times

6pm - 8pm Light refreshments will be available No need to book. Just turn up and get a warm welcome.

For further information, please contact: Theresa Cameron Telephone:07736 338 924

