

# Lunch Menu AUTUMN TERM: WEEK 1

## Monday

*Main meal 1*

**Cheese and Tomato Pizza Served with Potato Wedges**

▲ 2,7

*Main meal 2*

**Tomato & Sweetcorn Pasta**

▲ 2

*Main meal 3*

**Jacket Potato with Cheese or Baked Beans**

▲ 7

*Vegetable of the day*

**Baked Beans**

N/A

*Desserts*

**Banana & Toffee Sponge with Custard**

▲ 2,4,7,12



## Tuesday

*Main Meal 1*

**Sausage and Mash with Sweetcorn**

▲ 2,13

*Main meal 2*

**Creamy Vegetable Pie**

▲ 1,2,4,7,13

*Main meal 3*

**Jacket Potato with Cheese or Bolognese Sauce**

▲ 7

*Vegetable of the day*

**Salad**

▲ N/A

*Desserts*

**Syrup Sponge with Custard**

▲ 2,4,7,12



## Wednesday

*Main meal 1*

**Roast Chicken Thigh Served with Roast Potatoes and Vegetables**

▲ 2, 13

*Main meal 2*

**Glamorgan Sausage Served with Roast Potatoes and Vegetables**

▲ 2,4,7,9

*Main meal 3*

**Jacket Potato with Cheese or BBQ Sausage Sauce**

▲ 2,4,7

*Vegetable of the day*

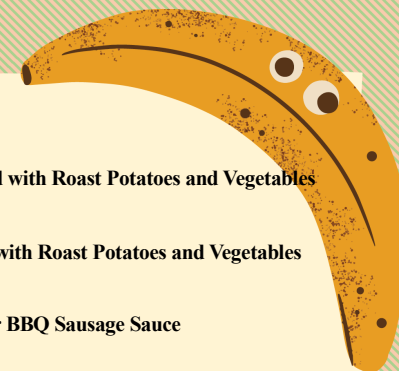
**Mixed Vegetables**

N/A

*Desserts*

**Ice Cream Or Fruit Yoghurt**

▲ 4,7 Or 7



## Thursday

*Main meal 1*

**American Burger(Beef) served with Potato Waffle**

▲ 2,12,13

*Main meal 2*

**Vegetarian Burger Served with Potato Waffle**

▲ 2,4,13

*Main meal 3*

**Jacket Potato with Cheese or Chicken Sauce**

▲ 7

*Vegetable of the day*

**Sweetcorn**

N/A

*Desserts*

**Apple Crumble with Custard**

▲ 2,4,7



## Friday

*Main meal 1*

**Fish Fingers Served with Baked Chips**

▲ 2,5

*Main meal 2*

**Cheese and Onion Pasty Served with Baked chips**

▲ 2,7

*Main meal 3*

**Jacket Potato with Cheese or Baked Beans**

▲ 7

*Vegetable of the day*

**Baked beans**

N/A

*Desserts*

**Blueberry Muffin**

▲ 2,4,7



## ▲ Allergen Key

- |                |               |
|----------------|---------------|
| 1. Celery      | 8. Molluscs   |
| 2. Gluten      | 9. Mustard    |
| 3. Crustaceans | 10. Peanuts   |
| 4. Eggs        | 11. Sesame    |
| 5. Fish        | 12. Soybeans  |
| 6. Lupin       | 13. Sulphites |
| 7. Milk        | 14. Tree nuts |



Available daily  
Wholemeal bread, fresh salads, variety of seasonal fresh fruit

Catering provided by Greenshaw Learning Trust.  
All products are locally sourced wherever possible.  
All food is cooked fresh on the school site each day.

# Lunch Menu

## AUTUMN TERM: WEEK 2

### Monday

*Main meal 1*

**Cheese and Tomato Pizza Served with Potato Wedges**  
▲ 2,7

*Main meal 2*

**Cheesy Pasta Baked**  
▲ 2,7

*Main meal 3*

**Jacket Potato with Cheese or Baked Beans**  
▲ 7

*Vegetable of the day*

**Baked Beans**

N/A

*Desserts*

**Cocoa Cookie**  
2,4

### Tuesday

*Main meal 1*

**Hot Dog served with New Potatoes**  
▲ 2,7,13

*Main meal 2*

**Vegetarian Hot Dog Served with New Potatoes**  
▲ 2,4,12

*Main meal 3*

**Jacket Potato with Cheese or Bolognese Sauce**  
▲ 7

*Vegetable of the day*

**Salad**

N/A

*Desserts*

**Bread and Butter Pudding with Custard**  
2,4,7,12

### Wednesday

*Main meal 1*

**Roast Chicken Served with Crispy Roast Potatoes and Vegetables**  
▲ 2, 13

*Main meal 2*

**Vegetables Quiche Served with Crispy Roast Potatoes and Vegetables**  
▲ 2,4,7,9

*Main meal 3*

**Jacket Potato with Cheese or Sausage Sauce**  
▲ 7

*Vegetable of the day*

**Mix Vegetables**

N/A

*Desserts*

**Fruit Jelly Or Fruit Yoghurt**  
▲ N/A Or 7

### Thursday

*Main meal 1*

**Chicken Curry Served with Fluffy Rice**  
▲ 9

*Main meal 2*

**Vegetarian Samosas Served with Fluffy Rice**  
▲ 2,12

*Main meal 3*

**Jacket Potato with Cheese or Chicken Sauce**  
▲ 7

*Vegetable of the day*

**Sweetcorn**

N/A

*Desserts*

**Strawberry Sponge with Custard**  
▲ 2,4,7,12

### Friday

*Main meal 1*

**Crispy Fish Fillet Served with Baked Chips**  
▲ 2,5

*Main meal 2*

**Vegetable Nuggets Served with Baked Chips**  
▲ 2,9,12

*Main meal 3*

**Jacket Potato with Cheese or Baked Beans**  
▲ 7

*Vegetable of the day*

**Baked Beans**

N/A

*Desserts*

**Chocolate Doughnut**  
▲ 2,4,7

### ▲ Allergen Key

- |                |               |
|----------------|---------------|
| 1. Celery      | 8. Molluscs   |
| 2. Gluten      | 9. Mustard    |
| 3. Crustaceans | 10. Peanuts   |
| 4. Eggs        | 11. Sesame    |
| 5. Fish        | 12. Soybeans  |
| 6. Lupin       | 13. Sulphites |
| 7. Milk        | 14. Tree nuts |

 **GREENSHAW**  
LEARNING TRUST



### Available Daily

Wholemeal bread, fresh salads, variety of seasonal fresh fruit

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# Lunch Menu

## AUTUMN TERM: WEEK 3

### Monday

*Main meal 1*

**Cheese and Tomato Pizza Served with Potato Wedges**

▲ 2,7

*Main meal 2*

**Macaroni Cheese**

▲ 2,7

*Main meal 3*

**Jacket Potato with Cheese or Baked Beans**

▲7

*Vegetable of the day*

**Baked Beans**

N/A

*Desserts*

**Carrot Cake with Custard**

▲ 2,4,7,12

### Tuesday

*Main meal 1*

**Chicken Burger Served with New Potatoes**

▲ 2

*Main meal 2*

**Vegetarian Burger Served with New Potatoes**

▲ 2,7

*Main meal 3*

**Jacket Potato with Cheese or Bolognese Sauce**

▲7

*Vegetable of the day*

**Salad**

N/A

*Desserts*

**Apple Pie & Custard**

▲ 2,4,7,12

### Wednesday

*Main meal 1*

**Herb Chicken Breast with Roast Potatoes and Vegetables**

▲ 13, 2

*Main meal 2*

**Cheese Pinwheels with Roast Potatoes and Vegetables**

▲ 2,4,7, 13

*Main meal 3*

**Jacket Potato with Cheese or Sausage Sauce**

▲7

*Vegetable of the day*

**Mix Vegetables**

N/A

*Desserts*

**Fruit Jelly Or Fruit Yoghurt**

▲ N/A Or 7

### Thursday

*Main meal 1*

**Chicken Balti Served with Rice**

▲ N/A

*Main meal 2*

**Vegetable Stir Fry Noodles**

▲ 2,4,12

*Main meal 3*

**Jacket Potato with Cheese or Chicken Sauce**

▲7

*Vegetable of the day*

**Sweetcorn**

N/A

*Desserts*

**Banana Sponge with Custard**

▲ 2,4,7,12

### Friday

*Main meal 1*

**Salmon Fish Cake Served with Baked Chips**

▲ 2,5

*Main meal 2*

**Quorn Sausage Served with baked chips**

▲ 2

*Main meal 3*

**Jacket Potato with Cheese or Baked Beans**

▲ 7

*Vegetable of the day*

**Baked Beans**

N/A

*Desserts*

**Flapjack**

▲ 2

### ▲ Allergen Key

- |                |               |
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| 4. Eggs        | 11. Sesame    |
| 5. Fish        | 12. Soybeans  |
| 6. Lupin       | 13. Sulphites |
| 7. Milk        | 14. Tree nuts |

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### Available Daily

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