

Parent/Carer Coffee/Information Sessions

Sessions take place at:

The Quad Green Wrythe Lane, Carshalton SM5 1JW

January - December 2023



Would you like to meet with other parents/carers in a cosy, non-judgemental and welcoming environment?

Would you like to find out about services that are available in the London Borough of Sutton that may benefit you and your family?

Would you like to give your opinion about what you feel is needed in your local area?

Maybe you just want some advice on a matter and you don't know where to turn.

Do you require any parenting advice?

If your answer is 'yes' to any of the questions above, we are now facilitating parent/carers coffee/information sessions in your local area.

The very least you will get from attending our coffee/information sessions, is a genuine and sincere warm welcome, a cup of tea/coffee and a chance to sit and chat to other parents/carers.

We can organise guest speakers who can offer you advice on a range of issues and we can signpost you to relevant services if required subject to your needs.

Parenting can be so rewarding however, at times it can also bring its challenges and worries.

You don't need to make an appointment. Just turn up.

If you would like to find out more about the sessions, please contact:

Theresa Cameron Parenting Coordinator 07736 338924

Chanika Gulli Parenting Support Worker 07564043426

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Please Note: We will not be running sessions during the school holidays.

Coffee/Information Sessions January - December 2023

Date	Time	Session Plan
16/1/23	8.45am - 11.30am	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>
16/1/23	6pm-8pm	<p>This evening session is mainly aimed at parents/carers of teenagers.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>
30/1/23	8.45-11.30	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p> <p>Guest Speaker: 10am till 10.45am . Marcus Morrison Employment Consultant.</p>
6/2/23	8.45-11.30	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>
6/2/23	<u>6pm-8pm</u>	<p>This evening session is mainly aimed at parents/carers of teenagers.</p> <p>A chance for parents to relax and connect.</p> <p>Guest Speaker:</p>

20/2/23	8.45-11.30	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>
6/3/23	8.45-11.30	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>
6/3/23	6pm-8pm	<p>This evening session is mainly aimed at parents/carers of teenagers.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>
20/3/23	8.45-11.30	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>
17/4/23	8.45-11.30	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p> <p>Guest Speaker: TBC</p>
17/4/23	6pm-8pm	<p>This evening session is mainly aimed at parents/carers of teenagers.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p> <p>Guest Speaker TBC</p>
15/5/23	8.45-11.30	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>

15/5/23	6pm-8pm	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>
5/6/23	8.45-11.30	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p> <p>Guest Speakers 10am till 10:45am</p>
19/6/23	6pm-8pm	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>
3/7/23	8.45-11.30	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>
17/7/23	8.45-11.30	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>
17/7/23	6pm-8pm	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>
11/9/23	8.45-11.30	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>
11/9/23	6pm-8pm	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p>

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25/9/23	8.45-11.30	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>
9/10/23	8.45-11.30	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>
30/10/23	8.45-11.30	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>
30/10/23	6pm-8pm	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>
13/11/23	8.45-11.30	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>
13/11/23	6pm-8pm	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>
27/11/23	8.45-11.30	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>

11/12/23	8.45-11.30	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>
11/12/23	6pm-8pm	<p>This session is mainly aimed at parents/carers of infant and primary aged children.</p> <p>Come along for an opportunity for parents to chat, relax and connect.</p>