

UNDERSTANDING YOUR CHILD



S O L I H U L L A P P R O A C H

FREE online courses for parents, parents to-be, carers
and grandparents

Access in your own time, at your own pace.

Subjects include, understanding:

- Pregnancy, labour, birth and your baby
- Your baby
- Your child (0-19)
- Your child with additional needs
- Your teenager's brain

The courses are available to complete online, are available in multiple languages and are free for all Sutton residents.

To access these **free** courses go to

www.inourplace.co.uk and apply the access code

TREE

For more information please contact solihull@sutton.gov.uk