

Dear parent/carer,

I would like to share some useful information with you about social media. You might be aware that an upsetting post has been very widely shared on TikTok recently, which the company is dealing with and is hoping to have completely cleared within the next few days. In the meantime, you might want to restrict your teenager's use of TikTok; I am sure you are already aware that there is an age restriction of 13 for TikTok.

I have attached a helpful document which explains how to set your teenager's privacy settings. Also, there is a section called 'Family Pairing' which explains how to link your TikTok account to your teenager's account, which will allow you to control digital wellbeing features such as screen time management, direct messages and restricted.

We would advise you to regularly talk to your children about their social media use, including discussions about what to do and who they might talk to if they see any upsetting content. All social media have mechanisms for reporting content and it is advisable that you are and your child are familiar with these. On our website, there are links to organisations such as Childline who can advise and support.

Mrs Wallace, Deputy Headteacher and Safeguarding Lead