# ENJOYING THE JOURNEY





"Life can only be understood backwards; but it must be lived forwards."

– Søren Kierkegaard

In recent weeks summer has really taken hold, just when we thought we may never see it, reminding us that the summer holidays are upon us. The tutors, Mr Jones and I are really proud of the Year 7 cohort who, as requested, have kept their focus until the final minute of the final lesson. The students have had a busy year and have risen well to all the challenges the transition to high school brings. I am particularly proud that during their first year students have really embraced

the Greenshaw ethos with their community spirit and as part of the development of the 'KS3 community' Year 7 have already met the new students starting next September at the induction day. A number of students spent the whole day helping and getting to know each other. It was a really successful day and I feel certain the new students will very much appreciate having some familiar faces to help them when they return in September to start their own journey.

The busy pace does not slow down at this time of year, with activities continuing. The Athletics Championships held recently were a fantastic celebration of friendly competition and rivalry, and there were trips to Queen Mary University and to *Body Worlds* with the science department, more of all this later in the newsletter.

I hope that you have enjoyed your journey with us thus far and, just like the Year 7 team, you are probably thinking how the year has flown by. Also, just like us, I am sure you can already see how your children have developed over the year and it is gratifying to be able to step back and reflect on how much they have achieved from that first induction day in July. Below you will see a reminder of just some of the things your children were involved in this year.

I would like to take this opportunity to wish you all a wonderful summer break with family and friends and thank you for all your support of the school during this year. I look forward to continuing our journey together in September.

Ms Radwan, Head of Year 7, and Mr Jones, Deputy Head of Year 7



#### RACE FOR LIFE

On Thursday 11th July, about 50 students and staff from Years 7 to 10 took part in the annual Greenshaw Race for Life.

Taking part in this year's race was a butterfly, Batman, a gazelle and many other characters who had clearly put time into creating their costumes.

Students and staff have currently raised around £550 for Cancer Research and this total is still rising.

The fastest finishers were Callum in Year 10 and Lily in Year 8. The highest fundraiser to date was Grace in Year 7 who independently raised £130. Well done to all involved.

Miss Armstrong, PE Teacher



## A TIME FOR CHANGE

Typically in the summer we see a number of changes and as a team around your children we will also be seeing some changes.

#### A goodbye....

Mr Jones has worked tirelessly with me since becoming Deputy Head of Year three years ago with Year 10. Since then, we have journeyed together through Year 11 and with the current Year 7. He exudes a vibrancy that readily builds relationships with parents, students and colleagues, always with the students' welfare at the centre. I am however, both sorry and pleased to announce that Mr Jones will no longer be our Deputy Head of Year. Sorry to lose him from the team, but pleased that he has fulfilled another of his ambitions and will be Head of Department for Sociology here at Greenshaw. It is highly likely that a large number of students will meet Mr Jones again in his teaching capacity when they move into their GCSE options in Year 9.

I would like to thank Mr Jones, on behalf of the Year 7 community, for his help, support and hard work. I also want to thank him personally, for his commitment, his friendship and kindness. He will be very much missed (although he really is only upstairs), but we wish him well in his new role.

We will also be saying farewell to Mr Khan as tutor of 7MKH, who will be pursuing his career as a successful author. Mr Khan has brought a very nurturing approach to 7MKH and I know he will be missed. We do however, wish him continued success with his writing.

Although the school is not losing Mr Bell, we are, as he will be the tutor for a new Year 7 group from September. Mr Bell has supported Miss Bowles and 7MB this year and has been a great support to the team and the students. This is definitely a case of our loss is the new Year 7 gain, but we are extremely pleased for Mr Bell and wish him every success with his new fledglings.

**Mr Khan:** "I have really enjoyed teaching maths at Greenshaw and looking after 7MKH. I am really proud of my tutor group and all that they have achieved this year. Watching them develop and grow from slightly nervous and shy individuals to confident, enthusiastic and self-regulating students has been a privilege. I will miss them, but I am taking up an exciting opportunity. After winning the Branford Boase book award last month, I am going to explore becoming a full time children's author. The torch is passed onto Ms Oliver and Ms Freeman, whom I am sure my tutor group will find very helpful and caring. Hopefully I will visit next year to share stories and see how everybody has smoothly transitioned to hardworking Year 8 students."

Mr Bell: "This year I have had the pleasure of being co-tutor of 7MB alongside Miss Bowles. At the start of the year we met our 30 tutees and we could not have asked for a better group of students. Since then they have always put in an amazing amount of effort and seeing how they have developed over the year has made me so proud. They are a brilliant group of young people who I'm sure will continue to positively contribute to the school. Unfortunately I will not be carrying on with 7MB as next year I will have my own new group of Year 7s. It has been great to be able to work alongside this class and I'll miss seeing them each morning. I will be checking in with Miss Bowles next year to see how they get on. Hopefully I will also have some of them in my maths class in the future. Well done, 7MB, and thank you for being such a great tutor group, you have set such a high standard. Keep up the amazing work!"

#### ...and a hello



I would like to welcome Mr Richards to the Year 7 community as Deputy Head of Year from September. This is now Mr Richard's fourth year at Greenshaw, having taught at Elliott/Ark Putney Academy for three years previously as Head of House for two years, teaching English, media studies, drama and PSHE. In addition to all this, he has taught in four countries, as well as English to toddlers in South Korea. I have no doubt Mr Richards will be an asset to the team and is looking forward to joining us.



We will also be welcoming Miss Oliver to the Year 7 team, who will be the tutor for 7MKH replacing Mr Khan. Miss Oliver has been at Greenshaw for four years and is a maths teacher and also the Deputy Head of Maths. She spends a large amount of her free time training and competing in triathlons, not just in the UK but across Europe. Miss Oliver is super excited to be joining the soon to be Year 8 team and taking 7HOL through the next four years at Greenshaw.



#### A YEAR IN PICTURES









































































#### The sky is the limit

A group of Year 7 students have been the first ever to participate in newly designed intervention which encouraged them to think creatively about what career they may want to pursue.

As Destinations Co-ordinator, I am incredibly passionate about giving our youngest students opportunities to explore the vast array of paths young people can follow and get excited about their future.

Thank you to Eloise, Lacey, Chloe, Lily and Scarlett for participating so whole heartedly and to Mrs Sone, Head of Careers for her support. We will continue this next year.

# Respected Teachers and my dear students I really want to Thank you all especially my favourite and all other kind teachers and after summer halidays me are all going in our new classes with many kind hearted and found you tackers so for all the teachers. I have written a poem which I really must to share writh you all Thank you! I thank you for your halpin hand for your norm and toolso hearted and for the approtunity to make a branch new start. Pish Anael The I hale foot to tomorrow and breasure each possing day never toking for guaranted. The which can be taken away. I have learned to count my blussings mover downlying on the past out to build a bright future with the knowledge from your class. You taught me to be embident. I layed do it if I thank town the taken and to the taken and taken

#### THANK YOU

Thank you to Eisha for writing this poem that reflects her experience of her first year at Greenshaw High School.









# Queen Mary University visit

Fourteen of our Year 7 students accompanied Ms Reid, Mrs MacGillivray and Mr Richards to Queen Mary University of London in Whitechapel. After an arduous journey on the heat of the Underground, everyone enjoyed over two hours of lectures.

The first, the majority's favourite, on the body's defense system, and the second on evolution. It was a very worthwhile trip, and the behaviour of the students was exemplary.

Mr Richards, English Teacher







#### A LUSH EXPERIENCE

Single use plastic is a growing problem in our oceans, and our plastic packaged bathroom products can be a huge source of this type of waste.

This July, Greenshaw's Eco Council invited Lush, the fresh handmade cosmetics company, to visit the school, giving 100 students the opportunity to learn how we can make more ethical, environmentally responsible choices when purchasing bath and skincare products. Choosing ethically sourced

ingredients, 'naked' products or biodegradable packaging and non plastic glitter can all make a difference!

Students also made their own solid, naked bubble bars, tried their hand at furoshiki gift wrapping, and designed new products for Lush. The science corridor has never smelled so good!

Mrs Carran, Science Teacher

## GEOGRAPHERS OF THE TERM



Our congratulations go to our 'Geographers of the Term' who met with Mr House recently. These were carefully selected students whose effort in geography lessons had been recognised by their teachers. These students question the meaning behind geographical concepts and show a passion for geography, both in and outside of lessons, with an outstanding attitude to the subject.

Miss Hall, Geography Teacher









# RECORD BREAKERS AT THE ATHLETICS CHAMPIONSHIP 2019

The PE department held its annual Athletics Championships at the David Weir Arena on Tuesday 9th July. There were perfect weather conditions – with clouds to give shade for the competitors and spectators.

The day started with the Year 7 and 8 competition. Students participated in all events: discus, shot, javelin, triple jump, long jump, high jump, 1500m, 800m, 300m, 200m, 100m, 8x50m and 4x100m. The highlight of the morning was Joseph in Year 8 beating the school record in the 300m race.

The afternoon saw the Year 9 and 10 competitions, again in

ideal weather conditions. More records were broken in the afternoon, with Roman breaking the Year 9 javelin record (which had already been beaten this year by Fletcher at Borough Sports) and Tiya beating the Year 10 300m race record. At the end of the day, scores were added together as a whole and Mr House announced that Red House were victorious as the overall winners of the day.

Well done to all the competitors, who added vital points for their house teams.

Miss Graham, Head of PE















# AN UPDATE ON SCHOOL UNIFORM

Our new Year 7 students joining in September will be sporting a whole new look.

Unfortunately, our school uniform supplier, SWI, no longer manufactures the sweatshirt that is a core part of our uniform, which has made a change necessary. The new uniform is a white shirt, with a clip-on tie denoting the year group, and a green jumper. The colours for the ties are clearly identified on the our uniform supplier's website, and are as follows:

- Year 7 joining in Sept 2019 Purple stripe on the tie
- Year 8 from Sept 2019 Red stripe on the tie
- Year 9 from Sept 2019 Yellow stripe on the tie
- Year 10 from Sept 2019 White stripe on the tie
- Year 11 from Sept 2019 Green stripe on the tie

We are always conscious of the financial impact which this type of decision has on families and look for ways to phase in changes. From September 2019, Year 7 will wear the new uniform: white shirt, tie and jumper. No other year group will have to change until September 2020. This will allow families to move to the new uniform when they would likely be looking to buy uniform. Students who are in Year 11 in September will not need to purchase the new uniform, and will be able to retain their existing uniform. Students and families wishing to change earlier can move to the new uniform as soon as they wish. The old uniform is no longer available on the SWI website.

The House system will continue, and remains a part of competition at Greenshaw. Students are proud of their house, as we saw when Red House were victorious at sports day last week. We are conducting a staff and student competition to decide on the new house names, and will share these once this has been completed at the start of next year.

Nick House, Headteacher



# GREENSHAW ACHIEVES RESEARCH SCHOOL STATUS



We are excited to announce that from September, Greenshaw High School will be joining the national Research School network. The network is funded by the Education Endowment

Foundation (EEF) and aims to promote the use of evidence to help improve teaching practice. Research Schools act as hubs in various regions that engage schools with research findings through training and support.

There will now be 31 Research Schools in the country, but we are very proud that Greenshaw is the only secondary Research School in the London area.

Director of Greenshaw Research School, Phil Stock, said: "This is an exciting opportunity for us to work with primary and

secondary schools in our region to help translate the findings of research into improved teaching practice. Over the past few years, we have gained expertise in how best to implement evidence effectively and this gives us a chance to share some of these insights with others through training and support."

Sir Kevan Collins, EEF chief executive, said: "We're at an important moment in the potential of evidence to improve teaching and learning in England's schools, particularly for our most disadvantaged young people. However, too few schools have the time and resources to take on and implement evidence."

He said the expanded network will work with schools, councils and academy trusts to improve teaching and learning, developing "practical tools, training courses, professional development and coaching, all based on the best available evidence".



#### Teacher wins award for debut novel

Maths teacher, Mr Khan, has won a prestigious award for his debut novel, inspired by his experience of losing a family member to religious extremism. He was named winner of the 20th Branford Boase Award, one of the most influential for children's books in the UK.

He felt compelled to write *I Am Thunder*, which chronicles the radicalisation of a young Muslim girl growing up in London, after news broke of three Bethnal Green schoolgirls travelling to Syria to join Islamic State in 2015.

Mr Khan, who grew up in Balham with his first-generation immigrant Pakistani parents, said: "I wrote I am Thunder for everyone. I hope it's an exciting and thrilling story; a story that takes a stereotype and turns it on its head; a story that encourages people from all walks of life to become the superhero they are destined to be by speaking their truth and owning it."

One of Mr Khan's own relatives was drawn into Islamic extremism years ago, ultimately moving abroad. In his book, he tells the story of a young Muslim girl, Muzna, presented with a series of similar choices, who manages to avoid being dragged into the same world.

Speaking of his own experience, he said: "Almost overnight, this person began to change into someone unrecognisable. Suddenly we were deemed 'evil' and not 'true Muslims.' It was a complete shock which got me conducting my own research and meeting with a variety of Muslims, just as Muzna does in *I am Thunder*. I arrived at a very different conclusion. Islam is about bringing people together with compassion and hope, not driving them apart. The more research Muzna does, the more she is able to articulate why extremism is wrong and her faith compels her to speak out against it."





#### Pineapple dance studios

On Monday 15th July, a group of students from Years 7 to 10 who were involved in the Pineapple Dance Community Roadshow, attended Pineapple Dance Studios to perform the dance they have been working on for the past ten weeks.

The students took part in two dance workshops before sharing their work with the other five schools taking part in the project. All students have been committed to rehearsals, performed with enthusiasm and worked hard to raise money towards their costume for the performance. Our congratulations go to all involved.

Miss Walker, PE Teacher

## Sharing his experience

Last week, we welcomed Clifford William, a former Greenshaw student, back to our school. He spoke to us about his experience as a gay teenager in Sutton and what it was like to be a gay student in Greenshaw High School in the 1970s. We explored how far the world has come and how much things have changed since then. Unlike our school community today, Clifford shared that when he was in Greenshaw there were no openly LGBT+ students or staff members and the only LGBT+ celebrity he could look up to was David Bowie. He only knew of one LGBT+ youth club, which was all the way up the Northern Line. Finding fellow LGBT+ teenagers who were 'just like him' was worth the trek.

As an adult, he has become involved in LGBT+ History, which is in some ways hidden. He told us that many gay men had to burn their diaries and journals, for fear of being exposed, blackmailed or fired because of their sexuality.

A key message he left our students with was that being LGBT+ is only one part of their multi-angled identity. It's important to find balance between being LGBT+ and being all the other fantastic things that they are too!

Mia Travlos









## Sports awards evening 2019

The PE department's annual sports awards evening is a chance to celebrate a successful year for all sports teams across the school. As soon as the first awards were announced, the hard work, commitment and dedication from all students was clearly evident. Captains summarised their team's highs and lows of the season and then managers awarded players' player (voted by the team) and manager's player of the year. Significant highlights of the sporting year have been the Year 10 football and basketball teams, with the football team winning the Sutton Cup and league and the basketball team getting through to the county finals. Some of the Year 11 basketball team returned for the evening to celebrate their county victory and to demonstrate to younger students that their five years of passion and determination to improve had paid off.

The two final awards of the night went to two students who inspire others. The Outstanding Performance Award, with the criteria being for someone who excels in sports, but also does

not let this affect their academic studies, was awarded to Sean. He has captained the school football team since Year 7, plays for Sutton United and is also committed to his academic work, which is proven in recent exam results.

The final award was the Ryan Payne Award. This is in memory of Ryan and the worthy winner must display the qualities to sport that Ryan showed. This years winner was Emmanuel in Year 11. His commitment to basketball is unbelievable, not only working hard with his own team and ensuring his name is always on the teamsheet, but also spending time coaching teams lower down the school and even attending their fixtures to help coach on the side line. His dedication, devotion to sport, maturity and kindness all contributed to receiving this award.

Congratulations to not only Sean and Emmanuel, but to all the students who received awards during the evening.

Miss Graham, Head of PE

#### An insight into the human body



On Friday 12th July, a large group of Year 7 students visited Dr Gunther von Hagens' Body Worlds Exhibition in Piccadilly Circus. The exhibition consists of real human bodies, donated to Body Worlds for public display and educational purposes. Each body has undergone the plastination process designed to preserve the body so that the body's complex structure can be observed.

Our students were able to see a variety of different organ systems within the body such as the nervous system, the cardiovascular system and the breathing system and explore how these organ systems function and interact with one another to enable us to survive. They could also observe specimens from these organ systems that have been damaged as a result of diseases such as cardiovascular disease and cancer, and compare these damaged specimens with healthy ones. There were a number of different interactive displays within the exhibition, including one which could estimate blood pressure, which all students took part in and really enjoyed.

Our students were overheard making comments such as 'is that really how many blood vessels I have in my brain?' and 'do my muscles really look like that?' It was great to see them so enthusiastic and curious about the human body, which made it a really fantastic day out.

Miss Lyall, Science Teacher

# PERFORMING ARTS SUMMER SHOWCASE

The Performing Arts Summer Showcase was an exciting evening combining dance, drama and music performances. It showcased class and extra-curricular work with students performing from Years 7 through to 11. All students excelled in their performances and were supported by a full audience of family, friends and teachers. Our congratulations go to all involved.

Miss Izzard, Head of Dance and Miss Brailsford, Head of Drama















#### BUMPER CROP FOR GARDENING CLUB



Last week, the final gardening club of the term took place. Although they did not harvest a full sack of potatoes, they did muster 1.5kg. It is amazing what they have achieved in just one term.

Our congratulations go to Niamh (7BWL), Freddie (7LBR), Zaman (8THV), Harriet (8ABL), Isobel (8MCH), Laura (9VWL), Phoebe (10SE), Oliver (10SE) and Benjamin (10SE), for all their efforts. We are looking forward to seeing what we can do next year!

Mrs Grey-Areben, Science Teacher





# SUMMER SUPPORT FOR PARENTS FROM SUTTON EARLY HELP CENTRE

#### Get summer ready!

Take a look at some of the top parenting tips from restorative family coaches at Sutton Early Help Centre to help parents cope over the summer break.



#### Money, housing and legal advice

Throughout the summer holidays, Sutton's Children's Centres will be running their usual support sessions to help parents with financial, housing and legal issues. These sessions are run by local organisations and take place every two weeks.

- Free legal advice appointments with a family solicitor every second Tuesday at Thomas Wall Children's Centre (appointment only - 020 8770 5875).
- Welfare reform benefits advice fortnightly drop-ins at Tweeddale Children's Centre.
- Encompass housing advice fortnightly drop-ins alternating between Green Oak and Tweeddale Children's Centres.
- Further general support can be sought from Sutton Citizen's Advice Bureau: <a href="https://www.citizensadvicesutton.org.uk/">https://www.citizensadvicesutton.org.uk/</a>.

 Families can also continue to access the local food bank <a href="https://sutton.foodbank.org.uk/get-help/">https://sutton.foodbank.org.uk/get-help/</a> although voucher providers may need to be identified before the end of term.

#### Childcare and activities

Universal services available in Sutton should be listed on the Local Offer page on the council website – <a href="https://www.sutton.gov.uk/info/200611/suttons">https://www.sutton.gov.uk/info/200611/suttons</a> local offer. This includes childcare, leisure activities and groups for children and young people of all ages.

For more help with childcare issues, support is available from the Family Information Service. They run a drop-in service every Monday (including the summer holidays) between 9.00am and 12.00pm in the reception area of the Civic Centre. They hold information on most of the childminders and activity groups running in the borough, as well as ways to access childcare funding. The council website provides contact details and further information - <a href="https://www.sutton.gov.uk/info/200243/childcare/1627/childcare\_funding">https://www.sutton.gov.uk/info/200243/childcare/1627/childcare\_funding</a>.

Sutton College also offers individual sessions for children and for the whole family. These are charged sessions. <a href="https://www.suttoncollege.ac.uk/courses/family-learning/">https://www.suttoncollege.ac.uk/courses/family-learning/</a>

#### Not Alone in Sutton

Not Alone in Sutton is a new offer for anyone experiencing domestic violence in the borough. The website <a href="https://notaloneinsutton.org.uk/">https://notaloneinsutton.org.uk/</a> is a single point of access for all domestic violence services.

If you are experiencing domestic abuse, or know someone who is, help is available:

#### Victim Support

(London Victim Assessment and Referral Service)
Call 0808 168 9291 free (Monday to Friday 8.00am to 8.00pm, Saturday 9.00am to 5.00pm).

Sutton Domestic Violence One Stop Shop
Wednesdays, 9.30am to 11.30am.
 Sutton Baptist Church, 21 Cheam Road, Sutton, SM1 1SN.
 Drop in or make an appointment through Victim Support on 020 7801 1777.

#### Police

Call 999 if you are in immediate danger, 101 at all other times. <a href="https://sites.google.com/sutton.gov.uk/lbs-reducing-parental-conflict/home">https://sites.google.com/sutton.gov.uk/lbs-reducing-parental-conflict/home</a>.

# NOBODY DESERVES ABUSE FOR BEING WHO THEY ARE

In June, the LGBT+ student group led a series of assemblies to mark LGBT+ Pride. These assemblies focused on the idea of protecting people from discrimination, regardless of who they are, because, discrimination is not an LGBT+ only issue. It affects everyone. The Equal Opportunity Act (2010) lists a range of characteristics that cannot be discriminated against. These include: age, race, gender identity, sex, disability and religion/belief. Mocking, teasing or making negative comments about any of these protected characteristics is considered discrimination. We, as a community in Greenshaw, strive to promote inclusivity and respect for everyone.

The assemblies looked at information from science, religions and different cultures around the world in order to collect facts and opinions about LGBT+ identities. New research shows that the brains of transgender teenagers are more similar to the brains of the gender they identify with, than to the brains of the gender they were born with. We also learned that various cultures around the world identify more than just male/female and men/women as sexes and gender identities. In addition, we read a quote from a letter from Christian,

Muslim and Jewish religious leaders preaching tolerance and acceptance of all, including LGBT+ identities.

The assembly finished by focusing on what LGBT+ and non-LGBT+ students at Greenshaw have in common, and on the differences they have. If we can learn to celebrate our differences and our similarities, we can continue to make Greenshaw a welcoming place to all.

Mia Travlos



#### KEY DATES – YEAR 7

End of summer term (12.30pm)

1NSET days (school closed to students)

2nd & 3rd September

First day of autumn term (Year 7 & 12)

4th September

School photo day (Year 7 & 12)

4th September

First day of autumn term (Years 8-11, 13)

5th September

School photo day (Years 9, 11, 13)

5th September

INSET day (school closed to students)

18th October

October half term

21st October to 1st November

2020
INSET day 6th January
Start of spring term 7th January
End of spring term (3.05pm) 3rd April
Spring half term 17th - 21st February
Start of summer term 20th April
Summer half term 25th - 29th May
End of summer term (12.30pm) 22nd July

## Join us on Twitter and Facebook!





You can find us on Twitter @greenshawhigh
Or find us on Facebook @GreenshawHigh

#### YEAR 7 CONTACT LIST

**Head of Year:** Ms L Radwan - Iradwan@greenshaw.co.uk **Deputy Head of Year:** Mr J Jones - jjones@greenshaw.co.uk

7AM: Mr A McMillan – amcmillan@greenshaw.co.uk 7BWL: Miss B Walker – bwalker@greenshaw.co.uk

7KRG: Miss B Rogers-Hinks - krogers-hinks@greenshaw.co.uk

7LBR: Mr L Burgess – Iburgess@greenshaw.co.uk 7LP: Miss L Planas – Iplanas@greenshaw.co.uk 7MB: Miss A Bowles – abowles@greenshaw.co.uk 7MKH: Mr M Khan – mkhan@greenshaw.co.uk

7NRY: Miss N Reynolds – nreynolds@greenshaw.co.uk

7SAS: Miss S Adams – sadams@greenshaw.co.uk 7SB: Mr S Butcher – sbutcher@greenshaw.co.uk

7YBK: Miss Y Boukersi – yboukersi@greenshaw.co.uk

### ACTIVITIES OUTSIDE SCHOOL



Please note that these are not extra-curricular activities that Greenshaw High School is endorsing, but have been included as they may be of interest to families.

